

SPORT
WAITAKERE



**ANNUAL REPORT
2017/18**



ABOUT SPORT WAITAKERE

Sport Waitakere engages with local community to increase participation in sport and physical activity, build the capability of providers and create more health promoting environments. Sport Waitakere operates within the geographical boundaries of the Henderson-Massey, Waitakere Ranges and Whau Local Boards.

Sport Waitakere is a Regional Sports Trust, governed by a Board of Trustees and managed by Chief Executive Lynette Adams.

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Vision

Everyone connected, healthy and active.

Purpose

Lead. Enable. Strengthen.

Making a difference in West Auckland through sport and recreation.

Kia arahi, kia whakamana, kia tutuki.

Values

Leadership. Teamwork. Partners. Excellence.

CHAIRPERSON'S REPORT



The team at Sport Waitakere has again shown energy and passion in contributing to sport, recreation and the health and wellbeing of the West Auckland community. Our CEO, Lynette Adams, has used her vast experience, work ethic and talent to guide and empower the team.

Making a difference in West Auckland is what makes them tick, and it shows in the impact Sport Waitakere is making in the West. I never tire of hearing stories and progress from the team, whether it is programmes to get West Aucklanders off the couch and more active, access to fresh clean drinking water and healthier food choices, building capability and leadership within schools and clubs, or one of the many other initiatives driven by Sport Waitakere.

We received confirmation during the year that the Healthy Families Waitakere contract had been renewed for a further four years. This is due to the amazing work of Manager Kerry Allan and the Healthy Families Waitakere team. I am proud to be involved with the Healthy Families Waitakere initiative which takes a systems approach to influencing the health and wellbeing of the wider community by working alongside communities, bringing together local leaders, champions and key people to think differently about the causes of poor

health and coordinate action to make healthy choices easier. This is really why I got involved with Sport Waitakere from the outset.

In the last year we have had several trustees depart; Reuben Woods (after nine years), Jane Finlayson (four years) and Mike Hirst (three years). All three contributed a huge amount to Sport Waitakere, in particular Reuben Woods, who provided a steady and measured hand throughout his nine years on the board. Thank you also to Megan Tunks for her contribution during the year. We are proud to welcome three new board members - Wyndi Tagi, Nicola Berghaus and David Frost. We are looking forward to their input and the fresh perspective they will bring. Thanks to all of the trustees for your contribution throughout the year.

The organisation is showing a small profit (excluding extraordinary items) for the year ended 30 June 2018.

Sport Waitakere remains an organisation that is run on tight budgets, focused on using its resources to always put the sport, recreational and healthy lifestyle needs of the West first, in order to make a real difference - particularly in communities that are most in need.

It is vital that Sport Waitakere continues to be a viable organisation as the West would not be the same without it. To do this, we need to continue to seek out additional funding sources while connecting with, and improving the lives of, the people of West Auckland.

I would therefore like to thank the organisations that have invested in Sport Waitakere and continue to show support. Without this backing, Lynette, Kerry, Jewelz, Dave, Kate and the team would not be able to do the amazing things they do.

I am looking forward to the year ahead. There are always challenges working in the community space but I believe Sport Waitakere is in a great place to build on existing programmes, experience and networks, to make even more of a difference in West Auckland.

A handwritten signature in black ink, appearing to read "Jarrod Walton".

Jarrod Walton
Chairperson Board of Trustees

CHIEF EXECUTIVE'S REPORT

I AM PLEASED TO PRESENT MY REPORT AS CHIEF EXECUTIVE OF SPORT WAITAKERE FOR THE 2017/2018 YEAR.

It has been a very dynamic year and we are thrilled to have ended on a positive note. We have faced a period of change but the organisation has responded well with a sharper focus on our purpose of making a difference in our West Auckland communities by enabling healthy and active lives. We are even clearer that in order to achieve this we must be comfortable working in this changing landscape and harnessing community expertise and leadership.

Our vision is for everyone to be connected, healthy and active as we strive to build stronger, happier and healthier communities, and that everyone can participate and develop to their potential. We do this in three ways; by increasing participation, building capability, and creating more health promoting environments.

AKTIVE

Aktive Auckland Sport and Recreation continues to lead regional strategy, funding and advocacy, with Sport Waitakere's focus remaining on building local leadership and capability, and providing influence and advocacy for the West.

Our partnership with Aktive has grown the 'Auckland Approach to Community Sport', a targeted, scalable community sport system that identifies 'Communities of Activity'. These are neighbourhoods and suburbs where we can work together with communities to provide appropriate local solutions that aim to mobilise large numbers of people. It also includes initiatives that meet Auckland's growing,

diverse population and changing needs underpinned by blueprints in five key strategic areas:

1. Advocacy – attract new funding, find efficiency savings and advocate at local and central government for the sport and recreation sector;
2. Schools and communities – more of Auckland's young people participating in sport and recreation;
3. Coaching and talent development – programmes, support and resources for coaches, athletes and organisations;
4. Sector development – improved club, regional sport and recreation capability;
5. Spaces and places – improved access to spaces and facilities for all Aucklanders.

YOUNG PEOPLE

Our focus on helping young people develop a lifelong engagement with sport and physical activity continued as a key focus this year, with this core segment of the population remaining at the heart of what we do. Critical to this have been KiwiSport and Play.sport, as well as a range of tailored programmes including WhanauM8s, Funskills and Ngā Kaea mō Āpōpō.

This has been evident through significant investment in staffing and projects, as well as via funding channels. Within KiwiSport alone this year, 47 projects have been approved up to a value of \$479,311. From these projects we have created well in excess of 300,000 opportunities and as a result leveraged a further \$458,462. This means that the total KiwiSport investment



in the young people's space in West Auckland is well over \$930,000.

The extension of the Play.sport pilot project for another year is great news. This will enable us to work more closely with community groups so that they are better supported to provide quality sport, play and physical activity experiences for our young people to access.

HEALTHY FAMILIES WAITAKERE

Over the last year, Healthy Families Waitakere continued its partnership and activation with whānau members and community champions, councils, schools, early childcare centres, businesses, sporting organisations, iwi, health and social services organisations to help bring about change. These partnerships and community initiatives have helped embed health promoting policies and sustainable practices across West Auckland.

We are thrilled to have been awarded a new contract for Healthy Families Waitakere, which will see Sport Waitakere continue as the local lead provider for a further four years. This new contract is focussed on amplifying our work to create sustainable systems across areas that impact people's lives.

Healthy Families Waitakere's strategic leadership group provides ideas and guidance to the team, and utilises their strong spheres of influence to accelerate action within the Waitakere region. I would like to thank Brian O'Shea, Aroha Hudson, Peter Cacciopoli, Tevita Funaki, Sally Dalhousie, Penny Hulse, Leanne Catchpole, Stefan Crooks and Ministry of Health

representative Melanie Turner for their commitment and leadership.

HE ORANGA POUTAMA

Over the last year He Oranga Poutama has transitioned over to Aktive. Sport Waitakere has been honoured and privileged to be the kaitiaki of this programme since 2009 and we are proud of the achievements over this time. At the heart of He Oranga Poutama is a dedicated team with highly specialised skills - always inspirational in how they work and demonstrate belief, dedication and commitment, integrating their lives and work holistically and always living the kaupapa.

Aktive is better placed to influence He Oranga Poutama regionally and nationally, unlocking additional resource to nurture and allow the programme to further flourish. We will continue to work closely with this team as they support our Māori communities.

COMMUNITY RESPONSE

West Auckland is a well networked community and several organisations came together during the year to form the Collaborative Marketplace. Several workshops have brought different teams together to connect and discuss like-minded work. This has led to all being better informed about what happens in West Auckland, with a focus on reducing duplication and becoming more co-ordinated in our approach. The aim is to enhance the work that we are all doing and look for opportunities to develop new collaborative projects.

Exciting developments in our targeted populations work have enabled us to create new ethnic specific roles to help meet the needs of our diverse West Auckland population. Assisted by our community brokers, we are using extensive data and insights to inform a locally led approach that will really make a difference in our local communities.

WAITEMATA RUGBY FOOTBALL CLUB

Sport Waitakere has enjoyed two years of operating from our premises at the Waitemata Rugby Football Club. Our

organisation and team are now well at home in this location which places us at the heart of one of the West's oldest sporting clubs. Most importantly it ensures we remain connected to the community – and always in touch with the needs of working at the grassroots level of sport and recreation.

OUR PARTNERS

The work, reach and successes of Sport Waitakere would not be possible without the many people and organisations who support us. The Ministry of Health, Aktive, Sport NZ, Auckland Council, and the Ministry of Social Development provide a significant investment into Sport Waitakere and we thank them again for their support.

Our relationship with Auckland Council continues to evolve and we thank our Councillors Ross Clow, Linda Cooper and Penny Hulse for their continued support.

We advocated for increased investment for sport and recreation in West Auckland through the Auckland Council Long Term plan and were pleased with the results. The three West local boards are supportive of our work and it is great to see the increased value and impact that sport and recreation has on the health and wellbeing of our community.

We are also extremely grateful to our community supporters, funders, sponsors and gaming charities such as Foundation North, The Trusts Community Foundation, NZ Community Trust and The Trusts who continue to support us at either an organisational level, or via our local sporting groups.

Without the assistance each and every one of our partners provide, our ability to advocate for equity of resources in the West would be more challenging. We thank you all for recognising the important role that Sport Waitakere plays in improving the health and wellbeing of West Aucklanders.

I would also like to acknowledge the expertise and contribution of the Sport Waitakere board who volunteer their time providing strategic guidance, governance and support. In particular I would like to

thank Chair Jarrod Walton, for providing well considered and thoughtful leadership. Over the year, several board members have left and special recognition must go to Reuben Woods whose nine year tenure came to an end. Reuben's contribution was always insightful and astute. Thank you also to Jane Finlayson, Mike Hirst and Megan Tunks whose involvement was very much appreciated.

OUR TEAM

At the heart of our organisation has always been our core team – made up of individuals who are all incredibly passionate and committed to positively influencing sport, recreation and wellbeing in our community. On behalf of Sport Waitakere's management team and board, thank you all for your dedication and drive to deliver change in our community.

I look forward to the coming year and working alongside our wider team, partners and supporters to achieve our vision of a community where everyone is connected, healthy and active.

A handwritten signature in black ink, appearing to read 'Lynette Adams'.

Lynette Adams
Chief Executive

OUR YOUNG PEOPLE

NGĀ KAEA MŌ ĀPŌPŌ

Ngā Kaea mō Āpōpō (NKMA), Tomorrow's Leaders, continues to gain momentum in West Auckland primary schools.

NKMA provides training and support for the kaea (student leaders) to enable them to deliver sport, physical activity and play activities during school lunch times. Play activities have become popular in school communities with many now sourcing repurposed materials such as planks, tyres and crates. The play opportunities allow children to develop their sense of imagination, problem solve, build social connections and resilience as well as providing them with physical activity opportunities. There has been a noticeable increase in participation in the play activities from students who are not traditionally involved in physical activity.

NKMA provides a sense of belonging for students by linking them to the tupuna (ancestors) of Te Wao Nui a Tiriwa (Waitakere Ranges). Many of the qualities that our tupuna have are also school values, allowing students to easily relate to them.



275
STUDENT LEADERS TRAINED

38
TEACHERS TRAINED

OPERATING IN
14
SCHOOLS

PHYSICAL LITERACY A LIFELONG JOURNEY

Teachers in early childhood centres and primary schools have been learning about the physical literacy approach and how to ensure any physical activity opportunities include a social, cognitive and spiritual dimension, as well as building physical competence.

Through Sport Waitakere's Funskills programme, key professional development and role modelling is provided to support teachers' confidence to deliver opportunities which foster holistic development of young children. The focus is on using play and games to help children develop life skills, build resilience and develop problem solving skills, as well as growing imagination and creativity.

Sport Waitakere also delivered a series of professional development sessions to the next generation of early childhood teachers at Auckland University. A further 299 early childhood teachers have attended a variety of professional development opportunities around physical literacy and play, through the Funskills programme.

"Our students have thoroughly enjoyed the learning and experiences they have participated in. Teachers have gained more knowledge and understanding in how to implement quality physical education experiences to their students."

New Windsor Primary Teacher



452
PRIMARY SCHOOL
STUDENTS HAVE RECEIVED
WEEKLY SESSIONS
FOR 10 WEEKS

22

PRIMARY TEACHERS HAVE
ATTENDED PROFESSIONAL
DEVELOPMENT
WORKSHOPS AND
RECEIVED ADDITIONAL
ONE ON ONE WEEKLY
MENTORING

112

CHILDREN IN EARLY
CHILDHOOD CENTRES
PARTICIPATED IN WEEKLY
FUNSKILLS SESSIONS

339

EARLY CHILDHOOD
TEACHERS FROM FIVE
DIFFERENT CENTRES
PARTICIPATED IN
FUNSKILLS PROFESSIONAL
DEVELOPMENT WORKSHOPS

PLAY.SPORT

Play.sport is a national pilot project operating exclusively in West Auckland and Upper Hutt from 2016 to 2019. The project is focussed on supporting teachers, schools, parents and community organisations to improve the quality of young people's experiences of play, physical education, physical activity and sport, across our three local clusters (Henderson, Te Atatu and Kelston).

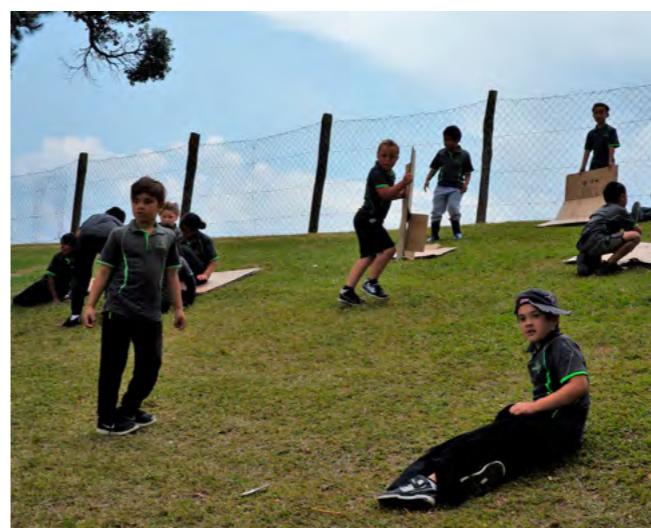


HENDERSON CLUSTER

In the Henderson cluster, Whanaum8s was introduced to support after-school sport for Bruce McLaren Intermediate students. This programme is based around understanding the needs of young people and their environment and supporting programmes that meet this demand. Students identified that they like to play futsal and turbo touch, as well as preferring to congregate at MPHS's 'Hub West' in their after-school time. Following the success of Whanaum8s, MPHS now own the programme and run a wider range of games to attract more young people. Sport Waitakere has further supported this project with its Move It Youth Leaders delivering the programme. It is now locally owned, thriving and being delivered by local young people for local young people.

"It builds friendships, helps your health and is fun."

Bruce McLaren Intermediate School student



KELSTON CLUSTER

Across the Kelston Cluster, the highlight for this year was the development of student led activities at Glendene and St Leonards Rd Primary Schools. Initially Sport Waitakere was asked to support the young leaders by delivering NKMA training sessions for the students. Thirteen students were successfully trained and went on to operate as sports leaders. To date they have delivered a full term's worth of physical activity and play opportunities targeting years 1 to 4. Additionally Glendene is now trialling play using repurposed items including cardboard boxes and tyres.

"The students are really keen to get started and have already surveyed students on what they like to play."

Rasmita Patel, Teacher in Charge, Glendene Primary

TE ATATU CLUSTER

Our largest cluster, Te Atatu, has seen the significant development of teacher working groups across all seven primary schools. This brought together 34 teachers to discuss how their schools could support 'free play' opportunities, develop more community links, as well as provide a shared workload with more ideas to meet the needs of students. These groups are the first of their kind in West Auckland dedicated to physical activity.



Within the wider community kaupapa, a free sport and physical activity after-school and holiday programme has been developed in the local community centre. This has been supported by Auckland Council but crucially, it is locally led by Move It Youth and Rutherford College students, creating opportunities for experience and employment for young people.

PROFESSIONAL DEVELOPMENT FOR WEST AUCKLAND TEACHERS

Over the past 12 months, Sport Waitakere has designed and delivered a suite of opportunities specifically for schools with the key aim of building confidence within physical activity delivery, as well as encouraging teachers to use sport as a context for extended learning.

"The PD was perfect for the beginning of the year as we had new staff members. It gelled us all together in a fun and supportive environment."

One of these opportunities was aimed at assisting schools to build their team rapport, using sport and physical activity as the foundation. Eighty school staff from Birdwood, Chaucer and Glen Eden primary schools enjoyed the workshops and how they challenged individuals to work outside their comfort areas.



Leading in to Matariki, the Māori New Year, professional development around traditional Māori games was offered to schools and community groups. This was facilitated by He Oranga Poutama Kaiwhakahaere, Riri Motu.

The workshop was highly successful and was attended by groups including Kelly Sports and YMCA Massey, along with staff from six local schools.

"At first there seems like lots of rules but actually once you start playing it's simple, just hard to visualise until we played!"

SECONDARY SCHOOL SPORT

Over the past 12 months, our 13 secondary schools have made significant progress in developing their internal capability to deliver quality sport and recreation opportunities for students. Central to this was all schools securing KiwiSport and Play.sport funding to increase their internal resources. This was an investment in excess of \$300,000, equating to 10 additional staff across the network. These staff have a primary focus on driving intra-school sport in an effort to ensure more students are engaged in meaningful sport and physical activity.

In the first six months of 2018, reporting showed that more than 1,000 additional hours of physical activity opportunities had been delivered for students.

Additionally, Sport Waitakere rolled out its first Secondary School Sport Survey in almost 10 years, which received well over 3,500 responses. These responses will be crucial in guiding how schools deliver their sporting offer more effectively, and how Sport Waitakere can support them by using programmes like KiwiSport to respond to the needs of young people.



WATER SKILLS FOR LIFE

The new framework Water Skills for Life was well received by schools involved in the greater Auckland aquatic programme.

Under this new framework, year 3 to 6 students in selected schools received 10 lessons on average, aimed at increasing their skills and knowledge to keep them safe while in or around water. Under this programme in West Auckland, 56,238 lessons have been delivered to 7,183 students.

Through additional funding from The Trusts Community Foundation, students from a further three schools received

"Personally I found it very helpful and empowering to go out and feel confident teaching the many water awareness skills you covered. It is such a simple concept that can be easily taught in a variety of engaging ways for kids and for them to gain confidence without the previous explicit skill teaching approach."

Teacher, Blockhouse Bay Primary School

Water Skills for Life sessions. This funding also supported 19 teachers to access professional development to enable them to deliver lessons in their own school pool.

To support the Water Skills for Life initiative, Sport Waitakere, in conjunction with Drowning Prevention Auckland, set up a lifejacket hub from the Henderson office. Thanks to funding from The Trusts Community Foundation, 70 lifejackets for school age children are now housed locally, enabling schools easy access.



COACHING

COACH EVOLVE

The 2017-18 Coach Evolve programme delivered a number of educational workshops and local forums, while also helping to support four West Auckland coaches progress their coaching at both provincial and national level.

The 23 coaches inducted into the programme were offered great coaching insight and development from a wider technical perspective, as well as the opportunity to benefit from international and national coach developers as guest speakers throughout the programme.



KARI JONES

In 2017 Kari enrolled in the Coach Evolve programme, the same year as she was re-appointed as the Head Coach of the NZBLAX women's lacrosse team. Kari has previously represented Great Britain in Lacrosse and has made a significant contribution to the sport in New Zealand.



LUKE CHAPMAN

Luke was inducted into the Coach Evolve programme in 2017 and holds two key roles in touch rugby. Firstly as a regional under 17 head coach and also as the Touch New Zealand Coach Development Officer, passing on his knowledge to touch coaches across wider Auckland.



KATHY HENRY

Inducted into Coach Evolve in 2017, Kathy is currently the Development Officer for West Auckland Netball. Kathy holds a Netball New Zealand performance coach qualification and is an approved Netball New Zealand coach developer, putting her skills to use on the court as the specialist defence coach for the Northern Marvels in the Beko Netball League.



DELICIA WIPA

Having represented New Zealand as a player, Delicia was inducted into the Coach Evolve programme in 2017 to further her coaching skills. Alongside her fledgling career as an interior designer, Delicia is now coaching the Auckland Touch under 16 girls team.

COMMUNITY COACH DEVELOPMENT

Our community coaches identified the need for practical sessions which could provide technical skills to support their sideline coaching.

As a first for our community, Sport Waitakere facilitated the delivery of an 'Introduction to Strapping' workshop held at Te Pai Netball Centre. Forty three participants, spanning 10 sporting codes, signed up with places on the course filled in just five days, showing the demand for this type of workshop.



150
COMMUNITY COACHES
DEVELOPED

TALENT, LEADERSHIP, CHARACTER (TLC)

Talent, Leadership, Character (TLC) continues to be Sport Waitakere's flagship coaching programme offering leadership development to secondary school students, and its roots are beginning to spread across the region. The programme shows successful outcomes at Rutherford College with the course being extended from the original year 12 and 13 students, right through to the newly formed junior sports committee involving year 9, 10 and 11 students.

The success of TLC has seen three more secondary schools come on board including Waitakere College, Henderson High School and Kelston Girls College. We are really excited to see this programme growing as schools see the value of this as an avenue to success in both sporting and coaching pursuits.



50
SECONDARY STUDENT COACHES
DEVELOPED

TOTAL COACHES DEVELOPED

479

TOTAL PLAYERS AND STUDENTS BENEFITTED

9290

HEALTHY STRONG SPORTS ORGANISATIONS

CLUB CAPABILITY

The Club Capability team is committed to a number of broad activities designed to enhance the quality and delivery of sport in our community. We work in conjunction with clubs, Regional Sport Organisations (RSOs), National Sport Organisations (NSOs) and schools to assist them to develop systems and structures that will ensure they achieve their goals and are sustainable in the future.

CASE STUDY: WAITAKERE HOCKEY CLUB

The Waitakere Regional Hockey Turf Trust (WRHTT) currently operates West Auckland's premier full sized artificial hockey turf, based in Henderson. Representatives from Auckland Council and Sport Waitakere previously supported a review of the operating structure and model of the Trust, with a number of recommendations being presented. In mid 2017 it mutually agreed that the Trust and the playing arm (Waitakere Hockey Club) would split and the club would form an Incorporated Society in its own right, due mainly to the huge growth of the club and its membership numbers. This process was brokered and facilitated by Sport Waitakere.

To aid in the incorporation of the club, Sport Waitakere supplied a draft set of rules to their representatives for consideration. These rules were refined over a few months culminating in an incorporation meeting in April 2018. Sport Waitakere continues to work closely with the committee and its president through mentoring and guidance to increase the capability of the club.

The outcome of this project means that the WRHTT board has the opportunity to focus solely on the business of operating the turf, as well as the ability to concentrate on the planning and building of a pavilion. Waitakere Hockey Club is now fully focussed on delivering hockey to the community and its members in the wider Waitakere area, driving participation at all levels.



VOLUNTEER DEVELOPMENT

Volunteers are at the heart of our sporting nation and Sport Waitakere has been fortunate to have the services of a number of volunteers over the past year. These volunteers come from a range of backgrounds, from secondary school students on gateway placement, to university undergraduates on practicum and community members wanting to give a little back.

Volunteering for Sport Waitakere enables these people to learn

new skills, make friends, build their networks within the industry and gain experience. Our aim is to ensure that all volunteers and students have a positive experience during their time with Sport Waitakere.

Cumulatively across the year, Sport Waitakere benefitted from in excess of 2,500 hours of volunteer time, helping us, and our community to do more.

CASE STUDY: WAIKEMATA TABLE TENNIS

In mid 2017, Sport Waitakere met with the Secretary of Waitemata Table Tennis Association (WTTA) to discuss assisting the club with their plans to revitalise their existing facility in Parris Park. WTTA had been planning this re-build for some years and as a result of being a volunteer run organisation, struggled to find the time to get this project off the ground.

We began working with the Club Secretary, Andrew Palmer, with a focus around policies and procedures for the club, with the aim of getting a strong sub-committee established to drive the building project. Sport Waitakere assisted WTTA to achieve a few key milestones including:

- Pulling together a building subcommittee (which quickly finalised the project plan to submit to council)
- Completing the design phase
- Applying for resource consent, land owner approval and building consent to Auckland Council
- Submitting further applications for funding for the building

Sport Waitakere is proud to have supported WTTA to achieve these milestones and we are looking forward to continuing to support them to bring a regionally significant sporting facility to the West.



"While some of us on the committee have experience in construction, navigating the various community boards, funders, councils and other interested parties is something we had no idea where to start. To this end, Sport Waitakere has been invaluable providing us with a much needed steady hand."

Simon Fenwick and Andrew Palmer, on behalf of WTTA.

IN THE COMMUNITY

ACTIVE SENIORS

INTERNATIONAL DAY OF THE OLDER PERSON CELEBRATION

International Day of Older Persons (IDOP) is an internationally recognised day celebrating and recognising the importance of older people in our communities.

To support IDOP, Sport Waitakere collaborated with ACC, Auckland Council, The Fono and Grey Power. The event, held on 29 September, was supported by more than 30 organisations and attracted more than 150 attendees from all over West Auckland for a morning of learning and connecting with local services, guest speakers and other older adults.

REST HOME ROUND ROBIN

Sport Waitakere continued to facilitate the Rest Home Round Robin competition during the year, with 18 rest homes participating. The programme provided the opportunity for seniors to engage in physical activity in a social environment.

REST HOME OLYMPICS

The Sport Waitakere Rest Home Olympics are now supported by 18 West Auckland rest homes, offering two fun filled days of modified games and activities for seniors. The event is well supported by the community with local clubs and groups delivering the activities for this year's event, with participation from Move It Youth leaders, staff from Henderson Z station and Henderson Croquet Club.

COMMUNITY STRENGTH AND BALANCE

The Community Strength and Balance is a new programme operating for the last year in West Auckland.

The aim of the programme is to ensure there is accessible and affordable physical activity options for older adults to improve leg strength and balance in order to reduce the risk of falls and injuries. Current data shows that each year one in three people over 65 will have a fall and injure themselves. For those over 80 the risk of a fall increases to one in two. Research shows that if people exercise to improve leg and core strength the risk of a fall is reduced by a third.

Within our community there are many group fitness classes designed for this age group. The aim has been to identify these activities and direct participants towards these classes.

While the goal of the programme is to increase strength and balance and help prevent falls, classes take a holistic approach to wellness by encouraging social relationships within the groups.

It is not unusual for classes to go out for coffee after class and social activities on weekends and evenings are often arranged because of the friendships made in these groups. This has been a positive side effect of these fitness classes as loneliness and loss of social contacts often occur after retirement. This is as important as the physical improvements and comments about confidence and self worth are often mentioned by participants.

In the last 12 months, 21 classes have been supported by Sport Waitakere in the West Auckland region including Zumba, Yoga, Tai Chi and Hip Op-eration (a dance based programme).

PARK 2 PARK ACTIVATION

Over the summer Sport Waitakere continued Park 2 Park – a series of activities in parks run over six weeks. The focus of Park 2 Park, run in six underutilised parks in Glen Eden, was to increase regular use of the parks by the local community.

A number of activations were planned which included Zumba, box fit, disc golf, Mana Fit and backyard cricket. The different activities were chosen based on community feedback from the year before and the facilitators' knowledge from the local area.



LAWN BOWLS PROJECT

The Lawn Bowls project was created in partnership with Sport Waitakere, New Zealand Bowls and Auckland Bowls to help increase participation and membership at West Auckland lawn bowls clubs.

The project was aimed at introducing new cultures and identities to bowls. For two of the largest growing ethnic groups in West Auckland – the Indian and Samoan communities – this project introduced them to a sport that many had not tried previously.

The success of the Lawn Bowls project relied on creating strong relationships with community groups and leaders including the Waitakere Indian Association, New Zealand Muslim Association, The Fono, Shri Ram Mandir, Waitemata DHB, The Asian Network Incorporated and local schools.

Through the course of the project 187 people tried lawn bowls for the first time. For the clubs, the project generated interest from many potential and new members keen to participate in lawn bowls regularly.



COMMUNITY SPORT FUND

During the year a significant fund was secured to ensure increased access to sport and recreation facilities across the West Auckland region.

The origins of the community sport fund date back to the former Hillary Commission, which provided funding to territorial authorities to administer sport and recreation projects and initiatives. There was money remaining in the fund (\$1.1m) which had historically been earmarked for sport and recreation projects within the geographical boundaries of the previous Waitakere City Council.

With the formation of the Auckland Council, all money and budgets had been amalgamated into the new organisation, but Sport Waitakere, local board members and local councillors advocated for access to the West Auckland fund for the benefit of the West Auckland community.

It was agreed that the Community Sport Fund money would be allocated to the Community Access Scheme and ring-fenced for the original boundaries of Waitakere City Council. Sport Waitakere signed a contract early in 2018 with Auckland Council to project manage the funds to open up school facilities for community access across three areas.

The three project areas include increasing access to bike tracks in school, school swimming pools and other school facilities including gyms and halls. These projects were selected for their local significance and direct links to a variety of regional and local strategies around sport, recreation and infrastructure.

Overall the Community Sport Fund contributes valuable funding to supporting community access to recreational facilities and ultimately increases participation opportunities for West Aucklanders.

MOVE IT YOUTH HOLIDAY AND LEADERSHIP PROGRAMME

Move it Youth provides a range of physical activity opportunities for children and young people during school holiday periods.

Over the past 12 months, Sport Waitakere provided Move it Youth Holiday Programmes in both the Henderson-Massey and Whau Local Board areas. The original Henderson programme, which is now based at the Waitemata Rugby Club, has been in operation for the past seven years. There are between 80 – 100 participants daily, and some of the original students are now moving in to leadership roles.

In the Whau Local Board area two programmes have been delivered, including a new pilot at Kelston Boys High School. With the pilot proving a success, Kelston Boys High School has indicated a desire to operate it themselves with support from Sport Waitakere. The other programme was operated from

the New Lynn Community Centre with support from Auckland Council. This was delivered slightly differently to the others by providing a drop-in service for young people in the local area.

Overall there have been seven programmes delivered with a total of 1,156 participants benefitting from fun, activity-filled days.

The Move it Youth holiday programme has provided a great opportunity for the development of young people as leaders which not only supports the sustainability of the holiday programme, but also provides ongoing employment opportunities for those involved.

Over the past 12 months there have been a total of 22 young people trained. From this, Sport Waitakere has provided additional training to support youth leaders to provide activation at Sport Waitakere events.

LOCAL HIGHLIGHTS

WAITAKERE RANGES

Community BBQ – A BBQ was held for local community in the Glen Eden area in June at Sunvue Park to celebrate the planting of trees, the upcoming installation of a water fountain and new shared volleyball equipment. Auckland Council supported the event by providing the water fountain and trees, which in the long term will provide shade for park users.



HENDERSON – MASSEY

Ranui Touched - Sport Waitakere again supported Ranui Touched with the delivery of a community touch tournament, run over a 10 week period. This was followed by a basketball tournament for another 10 week period. Sport Waitakere supported the programme with planning, facilitation and delivery. For each 10 week programme there were more than 60 participants and 400 hours of physical activity.



Alternative Education Sports Tournament - For Youth Week 2017 Sport Waitakere planned and facilitated a sports tournament with project partners Massey YMCA, Waitemata Seagulls Rugby League and Touch NZ. The event was well received, with 80 young people and 20 adults from five alternative education units participating in the day.



ACTIVITIES DESIGNED FOR OUR COMMUNITIES

SAMOAN COMMUNITY

Hip Hop Workshop

In June a Hip Hop Workshop was held as an introduction to the AIGA Jam Sesh (Family Fun Club). The hip hop workshop was a success, with a range of individuals attending from beginner dancers through to competitive hip hop dancers. Insights were gathered in preparation for the AIGA Jam Sesh which started in July, with many of the participants excited that such a programme would be offered at no charge for their friends and families.

AIGA JAM SESH (formally known as Family Fun Club)

The Family Fun Club ran until the end of 2017, with weekly participants ranging from 20-30 per session. In 2018 Sport Waitakere revised the programme based on learnings from the previous year and partnered with New Lynn Community Centre to provide a free family-based physical activity and recreation programme. The branded programme, now known as the AIGA Jam Sesh, offers weekly box fit, hip hop, Siva Samoa, hot hula and kids' zone sessions.

Sport Waitakere would like to initiate other AIGA Jam Sesh programmes in areas around West Auckland. We hope the programme will develop local champions and leaders who will be able to take the model and implement it within their own community groups – making the programme locally led.

INDIAN COMMUNITY

A number of special activities aimed at ensuring the growing Indian population in West Auckland have an opportunity to participate in sport and recreation opportunities were supported by Sport Waitakere this year.

In February, the Shri Ram Mandir undertook their annual Ram-a-thon, which is a walk for charity from the Auckland Domain to their temple on Brick St in Henderson. Sport Waitakere supported the walk at the first pit stop where senior citizens could participate in active stretches and the rest of the walkers could get involved in activities such as lawn bowls and children's games.

Sport Waitakere also partnered with the Shri Ram Mandir to run a free yoga initiative. These yoga sessions take place on Saturday mornings at the Shri Ram Mandir and are attended by a mixture of males and females of different ages.

A family pilot social hub initiative allowed the Indian community to access the classes and activities at the Lynfield YMCA for free on a Saturday morning. This programme evolved into giving eight families free eight week memberships to the Lynfield YMCA. This meant that the families had more freedom with when they



CHINESE COMMUNITY

ActivAsian Walk with Us

Walk with us is a weekly walking group exploring different tracks around West Auckland. It is an accessible low cost programme that provides opportunities for volunteers to train as walk leaders.

Seventeen walks have been held since May this year with an average of 20 participants for each walk. Around five new members joined each walk and there are now 151 members in the WeChat walking group social media page.

Spike Spin Smash

Spike Spin Smash provides a platform for young people and families to play sport locally in a social and fun environment. This initiative runs for 20 weeks in the winter months (May to October) at S-Energy indoor sports club.

Volunteer programme

Sport Waitakere's objective is to facilitate opportunities for Asian youth (16 to 22 years) in West Auckland, encouraging participation in the local community through volunteering at sport and recreation events /programmes, and ultimately growing connections with local clubs, community groups and schools.

The first ActivAsian volunteer workshop was successfully held at Auckland International College (AIC) in June. A total of 21 students participated and registered as ActivAsian volunteers and seven students registered as volunteer leaders at AIC. Three of the volunteers completed their first volunteer job as part of this programme.

There have been 27 volunteer registrations since Sport Waitakere started the ActivAsian volunteer programme in May 2018.



HEALTHY FAMILIES WAITAKERE



Healthy Families NZ is a large-scale prevention initiative that brings community leadership together in a united effort for better health. It aims to improve people's health where they live, learn, work and play by taking a systems approach to the reduction of risk factors for major health loss and increasing equity. The goal is for all New Zealanders to enjoy health promoting social and physical environments that enable healthy food and physical activity choices, being smokefree and drinking alcohol only in moderation.

MY BACKYARD GARDEN PROJECT

Eighty families in Waitakere have benefitted from growing, harvesting and cooking with vegetables from their backyard gardens.

Healthy Families Waitakere worked alongside key stakeholders, including My Backyard Garden Project (which aims to build organic edible gardens with families with limited gardening knowledge), to coordinate educational workshops and installation of the garden beds. The workshops covered how to compost, build a garden bed and look after the plants.

Since having their own backyard gardens, families have made savings by growing and cooking with vegetables that they previously would have bought from a store. A number of families are also saving on waste and producing less rubbish

as well as having a little more money in their pockets.

The Pasifika Arts Centre at Corbans Estate Henderson has two gardens that have become a hub for more than 100 Pasifika people. Fourteen Pasifika groups regularly attend the Centre and have embraced the gardens as a means to re-igniting traditional garden methods. The Centre also plans to increase the number of garden beds and plant taro on the grass bank.

Healthy Families Waitakere was successful in securing funding from Auckland Council to extend this to building community hubs. The hubs will be used as educational settings, where people come together to learn by doing, and in turn share their learnings with others.



RIPPLE EFFECT AS WEST AUCKLAND CHOOSES WATER

Healthy Families Waitakere has been working alongside 32 schools in West Auckland to implement water only policies and strengthen messaging around water within school environments. With the support of principals, teachers and board members, students have been driving water related changes in their schools. This has resulted in the installation of 61 new fountains and all 32 schools taking a much stronger stance on being pro water.

The student-led movement delivered great results and extended to the installation of quality water fountains, often replacing aged or damaged fountains. The students identified opportunities to increase the consumption of water of their peers and explored ideas around the placement and design of new fountains to strengthen their messaging about the health benefits of drinking water.

Massey Primary students took great pride in designing their new water fountain and the new fountain has been part of a much wider water-only policy that has been well embraced by the school community.

When a new fountain was installed at Te Kura Kaupapa Māori o Hoani Waititi Marae, Auckland's largest pan tribal urban Marae, students put their own spin on the water only challenge in schools by extending a wero (challenge) through the form of a haka.

Hoani student Tuake Pohatu-Ryder led his fellow students in a haka that highlighted the kura's commitment to drinking wai, which they performed to whanau and community as a wero for Māori to do the same – with the purpose of promoting the importance of making their kura, and others around the country, 'pro water'.



"We allow students to freely leave class to drink water from nearby fountains, and we've seen an associated improvement in learning. Teachers have also seen noticeable changes in lunch boxes since implementing the water only policy. 100% of students who used to bring sugary drinks to school are now opting for their water bottle that can be refilled throughout the day."

Bruce Barnes, Principal, Massey Primary

PRESERVING TRADITIONAL KNOWLEDGE AT HOANI WAITITI MARAE

Hoani Waititi Marae, Auckland's largest pan tribal urban Marae in Glen Eden is also home to a decile three kura with a roll count of around 200 students, fully immersed in Te Reo and kaupapa Māori.

'Ki te whakamana i te reo me ona tikanga kia whakapapa rangatira ai te Iwi, he Māori tonu' is the kura's mission statement which in English means 'To validate Māori Language and customs so that Māori may flourish as Māori'.

Māramataka – a system founded on the tohu inherent in the skies, in the waters and on the land – was used in the planting of 16 raised vegetable gardens to maximise food productivity and sustainability. With support from My Backyard Garden Project and

Healthy Families Waitakere during the year, the kura and marae whānau embarked on a journey of composting, harvesting, and learning ways to use their home grown produce.

The students also continued to build on this space by constructing a whakairo (wood-carving) that stands proudly at the foot of the gardens.

The vegetable garden was a catalyst for mātauranga whakairo to be integrated into the school curriculum. While learning the history and practical skills involved in the art, students are also working on a whare whakairo that will serve as a legacy for future students to enjoy.

A BRIGHTER FUTURE FOR TAMARIKI IN EARLY CHILDHOOD CENTRES

Healthy Families Waitakere convened stakeholders and educators from the early childhood sector to develop ideas and create early learning environments where children eat well and are more physically active.

Over a series of workshops, six different stakeholders came together with teachers from 70 West Auckland centres. The workshops provided a space for shared learnings and collective thinking towards actions to positively influence the health and wellbeing of under fives.

Educators have had success in making significant changes to their teaching practices and centre procedures.



"Over half of a child's daily diet is consumed at day care, we want our centre to set an example for all Discoveries day care centres to create consistency across the organisation around healthy food messages and to show children that food is fun and nutritious."

Jessie Lin, Manager, Discoveries Educare Te Atatu.

WORKPLACES MOTIVATED TO MAKE CHANGES FOR STAFF WELLBEING

Healthy Families supported five businesses employing over 300 staff to make sustainable changes to their work environments, policies and practices during the year – with the ultimate aim of supporting employees' health and wellbeing.

Key relationships with business leaders from the Rosebank Road business community led to the opportunity to provide an innovative approach to support staff wellbeing. A number of external health agencies were brought together to conduct health and wellbeing checks onsite at the workplaces.

Employees could undergo health checks including blood pressure, BMI, diabetes blood testing, waist circumference, weight and respiratory function, risk factor evaluation and nutrition, and counselling.

Most of the businesses that participated are located in areas which are heavily populated with takeaway and convenience foods and on main transport routes, and have since formed a leadership group that is now discussing what impact they could collectively have on the food environment as well as the physical environment.



TRANSFORMING YOUTH PERCEPTIONS AROUND SMOKING

Young artists from Waitakere College and Massey High School were inspired during the year to communicate a smokefree message to encourage youth to stop smoking or, better still, to never start.

In New Zealand, the average age of people who initiate smoking is around 14-15 years and these youth have been leading the way to communicate a by-youth for-youth smokefree message using digital technology as well as more conventional art mediums.

The messages included a variety of innovative sketches, memes, raps, dance routines and drama skits - all designed to keep young people smokefree. Some students completed their entries during art class curriculum time. The project enabled student leadership and action around health and wellbeing issues to drive a positive change in the school and wider community.





COMMUNITY HUB LEADERSHIP SERVING UP HEALTHY FOOD

Healthy Families Waitakere convened a number of community hub members, not-for-profit organisations and Auckland Council representatives for an exciting co-design process to create a series of healthy food initiatives.

These initiatives were based on what the leaders knew would work for their communities and their experiences with local residents. The collaboration was the first time this network of community hub and house representatives had come together to address the challenges their community faced around making healthier choices.

With more than 34,800 locals coming through their doors each year and a high number of youth, community hub staff have a deep understanding about the needs of their community.

To reignite community interest in gardening to promote good health, Green Bay Community House held a working bee to

initiate a group of interested gardeners to meet monthly and develop a community vegetable garden on-site. In addition to the garden, the team ran a series of workshops around beekeeping.

Titirangi Community House built a small veranda vegetable garden to show people how to grow food in small spaces. They also ran workshops on beekeeping and offered sessions on worm farming to their local neighbourhood. Produce from the veranda garden was used in children's cooking classes, an initiative set up by the hub to ensure the garden was well utilised.

Manutewhau Hub took a youth focus to address high sugary drink consumption among young people. The hub staff integrated health and wellness into their holiday programme where 30 children learnt about sugar in drinks, healthy eating, and planted a garden.

SUPPORTING HEALTHIER CLUBS

Healthy Families Waitakere has been influencing local boards in West Auckland to consider how they support improved access to water in public places for the West Auckland community.

As a result, Whau Local Board prioritised funding for the installation of six water fountains in six parks that currently do not have public access to water. To ensure this investment is effective, Healthy Families Waitakere worked alongside the Auckland Council Parks Department and the sports clubs situated on the parks to agree on the positioning of the fountains.

There are over 3350 members across the six clubs and many

"This aligns with our focus on 'water as best choice' when playing sport and as a result of the fountain, we believe we will see less fizz coming to the park and plastic bottles filling our bins."

Tua Raroa, Chairperson, Western Magpies Softball Club

were consulted around the location of the fountains to be placed in areas of high foot traffic. Local residents were also asked to contribute to the designs of the fountains to showcase local art and maintain the appeal to community.

Installing water fountains to create healthier and sustainable sporting environments is spreading into other communities. Waitemata Rugby Football Club in Henderson also demonstrated ways to increase access to free drinking water by installing a water bottle filler on the exterior of their building and holding a competition across their junior teams to design messaging around being pro water, including a mural.



HE ORANGA POUTAMA

He Oranga Poutama ki Tāmaki

Tuia i runga, tuia i raro , tuia i roto, tuia i waho

Kia kawea tatou e te rēhia

Huie! Taiki e!

After eight years of being a part of the Sport Waitakere team, the He Oranga Poutama programme (HOP) transitioned to Aktive on 1 October 2017. The transition included the HOP manager and team. Despite the “move” away from Sport Waitakere, HOP team member Riripeti Motu remains in the Sport Waitakere offices working in Māori communities in the west. The HOP team is extremely thankful of the leadership and direction provided to HOP over the transition and acknowledge the skills, knowledge and friendships made at Sport Waitakere. Ko te taura tangata e kore e motu, ka pā he taura waka e motu – unlike the rope of a canoe, the bonds of friendship cannot be severed. Below is a snippet of activities carried out by Riripeti and the HOP team alongside Sport Waitakere staff.

KŌHANGA/PUNA REO

As part of the Te Whare Tapere o Matariki event in July, Riripeti organised a rotation of physical activities for kōhanga reo from across the Auckland region. The activities were delivered in te reo Māori and based on the “He Pi Ka Rere” programme developed by Sport Waitakere/He Oranga Poutama and Toi Tangata. The event was held at the ASB netball centre in St Johns and activities were facilitated by 20 volunteer students from Te Kura Kaupapa Māori o Te Kōtuku and Te Kura Kaupapa Māori o Māngere.



KURA TUATAHI

He Oranga Poutama supported Whaea Leah from Te Kura Kaupapa Māori (TKKM) o Te Kōtuku and Whaea Casey from TKKM o Hoani Waititi to host the annual swimming event held at West Wave Aquatic & Recreation Centre in March 2018. The six participating kura were TKKM o Te Rakipaewhenua, TKKM o Hoani Waititi Marae, TKKM o Te Kōtuku, TKKM o Maungarongo, TKKM o Pūau Te Moana-Nui-a-Kiwa, and TKKM o Māngere. 198 students participated in the event with volunteers from Te Wharekura o Hoani Waititi, whānau members and HOP staff who helped with the setup, lane organising, timing and placings of each heat and finals.

WHARE KURA

HOP helped organise and run a Ki o Rahi Junior Competition for years 9 and 10 students, held at Rutherford College in November 2017. The aim was to share Ki o Rahi with all schools in West Auckland, using Ki o Rahi as a tool to drive whakawhanaungatanga between our Māori Wharekura and high schools. The hope is that the schools themselves will drive this to become an annual event. He Oranga Poutama supported the day by providing the equipment for both fields, officials, and guiding the Rutherford students with scoring games. Schools in attendance were Kelston Girls and Boys, Rutherford College and Te Wharekura o Hoani Waititi.

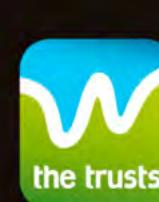
PROFESSIONAL DEVELOPMENT

He Oranga Poutama joined forces with Sport Waitakere in July 2017 to organise an eventful day of teacher professional development. 29 participants took part in Māori games and activities with Matariki as the theme. A kete/bag of resources was handed out to each participant as a koha for them to take back to their office or school so they can implement the kēmu in future.

LEADERSHIP

HOP has been teaching waiata to staff at Sport Waitakere. The waiata can be used for hui or to have a break from their daily work load. HOP has also taught te reo Māori lessons, resulting in five of the Sport Waitakere staff enrolling in te reo Māori classes. The HOP manager has also remained part of the Māori responsiveness team at Sport Waitakere.





SPORT WAITAKERE EXCELLENCE AWARDS

Sporting Acknowledgement Awards

Simon Noone-Jones - Diving

Donal Dray-Hogg - Surf Life Saving
Bethells Beach Surf Life Saving Patrol

Lyn Pellow - Netball

PACIFIC LINEN Sport Volunteer of the Year
Lorna Manu - Netball, Netball Waitakere

CAMBRIAN PLASTICS

Administrator of the Year

Chris Radford - Softball,
Western Magpies Softball Club

Youth Leadership in Sport Award

Charlotte Dine - St Dominic's Catholic College

FACE UP REAL ESTATE LTD

Secondary School Sportsperson of the Year
Gabrielle Fa'amausili - Swimming, Avondale College

THE WAREHOUSE

Secondary School Team of the Year

Kelston Boys High School Premier Rugby League Team

AVANTI PLUS WESTGATE

Junior Sportswoman of the Year

Kanah Andrews-Nahu - Olympic Weightlifting,
Functional Strength Olympic

WEST CITY HOLDEN Junior Sportsman of the Year

Caleb Clarke - Rugby, Suburbs Rugby Football Club

WESTIE FOOD GROUP

Pacific Island Achievement Award
Inamaru Tere - Waka Ama,
Waitakere Outrigger Canoe Club

WESTIE FOOD GROUP

Māori Achievement Award

Kanah Andrews-Nahu - Olympic Weightlifting,
Functional Strength Olympic

Masters Sportsperson of the Year

Agnes Motu - Bowls, Onehunga & Pt Chevalier
Bowling Clubs

MARKETING WORKS Club of the Year

Suburbs Rugby Football Club

ONU SPORTSWEAR Team of the Year

Western Magpies Premier Women - Softball,
Western Magpies Softball Club

DOUGLAS PHARMACEUTICALS Coach of the Year

Steven Ferguson - Surf Life Saving, Piha SLSC

ITALIAN STONE Sportsman of the Year

Jeet Raval - Cricket, Suburbs New Lynn Cricket Club
(pictured facing page, bottom right)

EVENTFINDA Sportswoman of the Year

Aldora Itunu - Rugby, Auckland Rugby
Linda Itunu - Rugby, Auckland Rugby

THE TRUSTS Supreme Award

Aldora Itunu - Rugby, Auckland Rugby (pictured below)
Linda Itunu - Rugby, Auckland Rugby

West Auckland Legacy Award

Bryan and Pat Heron
(pictured facing page, bottom left)

Congratulations to all the finalists and award winners at The Trusts Sport Waitakere Excellence Awards 2017. A superb celebration was held at Netball Waitakere's Te Pai centre showcasing supreme award winners over the years along with all the current finalists.

We would like to acknowledge and thank The Trusts as major sponsor for the event as well as the many local supporters and sponsors. Thanks to West City Holden, Douglas Pharmaceuticals, MarketingWorks, FaceUp Real Estate, Westie Food Group, Italian Stone, Cambrian Plastics, Fernz Catering, Pacific Linen, Avantiplus Westgate, The Warehouse, Eventfinda and Onu Sportswear. Without your support and contribution, this celebration of West Auckland's sporting talent would not be possible.

Recipients of the Legacy Award, Pat and Bryan Heron, were honoured for their support of the Waitakere community, especially sporting and youth groups over many years. Pat and Bryan have made significant contributions to the Don Oliver Youth Sport Foundation and to the facilities at The Trusts Arena. Bryan was a foundation trustee of the Don Oliver Youth Sport Foundation which was established to provide scholarships and other forms of support for pre-elite Waitakere athletes in all codes.

The 2017 Supreme Sports Award winners Aldora and Linda Itunu represented New Zealand in the Black Ferns, winning Gold in the 2017 Women's Rugby World Cup. The 2017 Black Ferns also became the first women's team to ever be named the World Rugby Team of the Year.



KIWISPORT

KiwiSport is a national initiative launched in 2009 with specific objectives to:

- Increase the number of children aged 5-18 years participating in organised sport - during school, after school and by strengthening links with sports clubs.
- Increase the availability and accessibility of sport opportunities for all children aged 5-18 years to participate in organised sport.
- Support children in developing skills that will enable them to participate effectively in organised sport.

Over the last year, we have taken steps towards removing KiwiSport from the curriculum space. We are committed to ensuring that sport is used as a vehicle to learn and not as a replacement for PE, which is already funded by the Ministry of Education as a core part of the curriculum.

To date this is proving successful in reinforcing a quality approach to the delivery of sport to young people, with many schools reporting increased capability and confidence of their staff in delivering PE lessons, supplemented by non-curricular (lunchtime and after school) sport programmes funded by KiwiSport.

The West Auckland KiwiSport funding allocation is split into four key areas, decided upon via extensive community consultation.

PRIMARY SCHOOL FUND (NON-CONTESTABLE)

The Primary School (non-contestable) fund has been divided up into three cluster areas (Green Bay, Massey and Whau), with the clusters ranging in size between five and nine schools.

Each of the clusters is funded through a match funding process, where schools within the clusters contribute their KiwiSport direct fund, and we match this with this non-contestable funds. In all cases, this provides enough funding to employ a coordinator who is based out of the lead school in the cluster, as well as a local budget to coordinate a set of new and exciting opportunities.

The core role of the assigned activators is to drive sporting opportunities in non-curricular time, specifically before and after school, and during lunchtime. They also assist in the coordination of a set of cluster tournaments, events and wider sporting opportunities for West Auckland students to develop a lifelong love of physical activity.

SECONDARY SCHOOL FUND (NON-CONTESTABLE)

This fund has been used to increase the resource in sports departments across the secondary school network. Community feedback showed a need in the intra-school space and facilitators have subsequently developed and driven intra-school sporting opportunities which engage young people across a range of sports, as well as non-competitive activities. This funding has seen us deploy seven activators across our community of secondary schools, driving tailored local opportunities to each of the schools involved.

LOCAL COMMUNITY FUND (CONTESTABLE)

Over the year we received a range of applications, including a number from new applicants which is encouraging as we try to diversify the reach of our funding. Highlights of this year's fund include the great success of Surfing New Zealand's 'Wave Warriors' project and the Young Guns Skate School skateboarding project, both outlined in the following case studies.

We are pleased to report that 100% of Local Community funding for this financial year was disseminated within the West Auckland community.

FAST FUND (CONTESTABLE)

The contestable Fastfund is one of the more popular funds and this year saw it assist eight new deliverers to offer their activities to the community. Sports such as futsal, table tennis, skating, squash and basketball were taken into more than 30 settings including schools and community facilities. These projects have taken up more than 90% of our Fast Fund allocation for this financial year and we already have projects in development to access the remaining funds.



2017/18 KIWISPORT FUND RECIPIENTS

PRIMARY SCHOOL FUND

| | |
|-------------------------------|-------------|
| Birdwood School | \$8,500.00 |
| Blockhouse Bay Primary School | \$44,962.87 |
| Green Bay High School | \$38,207.04 |
| Massey High School | \$20,173.80 |

SECONDARY SCHOOL FUND

| | |
|---------------------------------------------|-------------|
| St Dominic's College | \$19,353.60 |
| Waitakere College | \$38,707.20 |
| ACG Sunderland | \$16,934.40 |
| Liston College | \$19,353.60 |
| Te Kura Kaupapa Māori o Hoani Waititi Marae | \$9,676.00 |
| Massey High School | \$38,707.20 |
| Green Bay High School | \$38,707.20 |

LOCAL COMMUNITY FUND

| | |
|--------------------------------------|-------------|
| Athletics New Zealand | \$17,900.00 |
| Auckland Softball Association | \$24,200.00 |
| Surfing New Zealand | \$15,800.00 |
| Waitakere Regional Hockey Turf Trust | \$11,225.00 |
| Young Guns Skate School | \$18,500.00 |

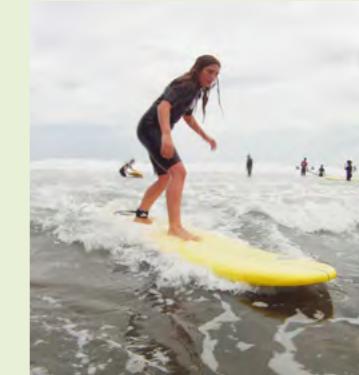
FAST FUND

| | |
|------------------------------|------------|
| Green Bay High School | \$3,999.50 |
| YMCA Massey Leisure Centre | \$5,000.00 |
| Time 2 Train Sports | \$3,720.00 |
| Henderson Squash Club | \$4,970.00 |
| Northern Football Federation | \$4,545.44 |
| Northern Football Federation | \$3,260.00 |
| Kelston Girls' College | \$2,700.00 |
| Waitemata Table Tennis | \$4,855.00 |

KIWISPORT CASE STUDY

Surfing New Zealand: 'West Auckland Wave Warriors'

The 'West Auckland Wave Warriors' have a go beach safety days' centred on getting 500 year 5-8 students from 10 West Auckland schools having a go at surfing through qualified surf instructors. Core to this project, participants spent the first half of the day learning valuable surf safety skills around how to stay safe in and around our West Auckland beaches. This involved identifying rips, judging swell and what to do in case of an emergency, all skills which will stay with them for a lifetime. From there, students had access to soft, safe surfboards and wetsuits to give them the best chance of experiencing the thrill of standing up on a surfboard for the first time.



"I cannot express enough how appreciative our students and staff are for this amazing educational opportunity. As we are based on the West Coast this programme has been pivotal in teaching our students the importance of identifying hazards and risks at our West Coast surf beaches."

Rosie Disberry, Teacher at Swanson School

KIWISPORT CASE STUDY

Young Guns Skate School: Learn to Skate Project

The Young Guns Skate School delivered an afterschool programme into four primary schools across Waitakere to teach students skateboarding. There were between 20 and 30 students at every class and students were taught skills using bespoke ramps built specifically for each school. To continue to be able to practice their skills, each school was left ramps, helmets and skateboards. Feedback from the schools since the project has finished is that this activity is now being used in curriculum time, helping kids to learn fundamental skills such as balance, confidence and teamwork.

"The girls have both enjoyed skate school this term. They have both mentioned the instructor who is working with beginners as being nice and helpful. I think he's got a great way with the kids and have watched him gently push the girls to try new things. Leaving the equipment here for our kids to continue to use is a legacy we are so happy for, thank you Sport Waitakere!"

Parent from Blockhouse Bay Primary School



Aktive – Auckland Sport & Recreation (Aktive) is working with Sport Waitakere, a key partner, to achieve the vision of Auckland being the world's most active city. Together with Sport New Zealand, Auckland Council and other key regional allies, Aktive and Sport Waitakere are fully committed to the locally-led strategy: The Auckland Approach to Community Sport.

Community is at the cornerstone of Sport Waitakere, and we believe the focussed effort of this game-changing strategy will contribute to a step-change in physical activity levels, benefitting West Auckland communities.

This year, CEO Lynette Adams and her team have played an integral role in evolving and delivering The Auckland Approach to Community Sport in West Auckland. With an intense focus on targeted Communities of Activity, Sport Waitakere is developing local solutions to meet local needs and working with communities, so they can sustain this critical work.

Key achievements this year include a successful and rewarding Growing Coaches day for 31 year 10 west Auckland secondary school girls to develop their coaching leadership, and 56,238 Water Skills for Life lessons to 7,183 primary school children in Waitakere through the Greater Auckland Aquatic Action Plan. In addition, a collaborative advocacy campaign by The Auckland Approach to Community Sport partners resulted in an additional \$120 million being allocated to sport and recreation in Auckland Council's 10-year budget, including a commitment to a new swimming pool in the Whau Local Board area.

These and other local initiatives were supplemented by Aktive's regional programmes including HERA – Everyday Goddess and Good Sports, all of which delivered services to Waitakere's communities, with a focus on getting more young people active.

Collaboration is critical to Aktive and we value the input and engagement of Sport Waitakere's Chair Jarrod Walton, CEO Lynette Adams, and the board and team of Sport Waitakere. Congratulations on another significant year of achievement; we look forward to continuing to work with Sport Waitakere to create a more active Auckland.

SARAH SANDLEY - CEO

Aktive – Auckland Sport & Recreation

THANK YOU

VOLUNTEER BOARD OF TRUSTEES

Jarrod Walton (Chairperson)
 Jane Finlayson
 Megan Tunks
 Mike Hirst

Reuben Woods
 Kristy Hill
 Winston Timaloa
 Katie Bruffy



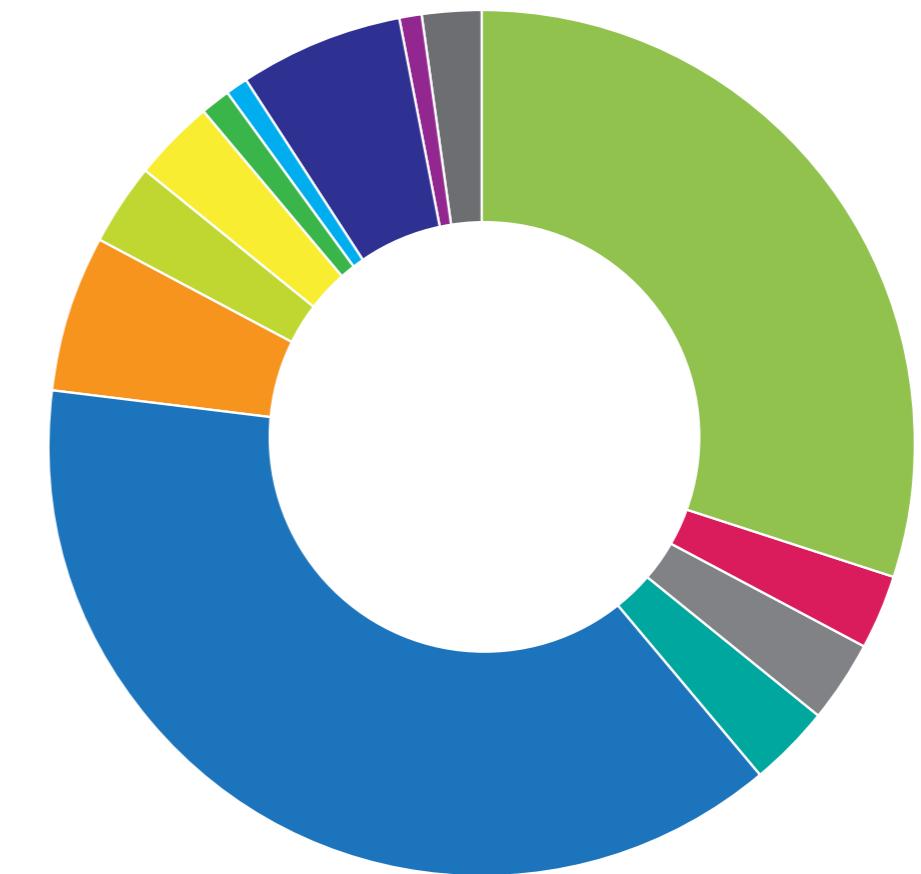
PUKE TOTARA GIFTED BY REWI SPRAGGON

Puke totara tu mai ra
 Whakaheke ki te awa
 Ko Waitakere e tere nei
 E rere, E rere
 Puta atu ki te moana
 O nga tai whakatu a Kupe
 O nga tai whakatu a Kupe i!

Puke totara stand proud
 Descending to the river of
 Waitakere that meanders and flows
 Cascading out to the sea
 Of the upraised tides of Kupe

This waiata was gifted to Sport Waitakere by Rewi Spraggon. Rewi is passionate about keeping Māori culture and tradition alive. He lives in West Auckland and is a respected and talented chef, artist, musician and broadcaster.

THANK YOU TO OUR INVESTMENT, CONTRACT, FUNDING AND AWARDS PARTNERS AND SUPPORTERS FOR HELPING US ACHIEVE OUR VISION OF A COMMUNITY WHERE EVERYONE IS CONNECTED, HEALTHY AND ACTIVE.



| | | |
|---------------------------------------------------|----------------------------------------------------|--------------------|
| ■ Aktive – Sport NZ | ■ Auckland Council - Local Board and Project Funds | ■ Programme Income |
| ■ Aktive – Foundation North | ■ Oranga Tamariki / MSD | ■ Other Grants |
| ■ Aktive – New Zealand Community Trust | ■ The Trusts Community Foundation | ■ Other Income |
| ■ Aktive – Auckland Council | ■ The Trusts - Million Dollar Mission | |
| ■ Ministry of Health (Healthy Families Waitakere) | ■ Sponsorship | |

SPORT WAITAKERE EXCELLENCE AWARDS SPONSORS AND SUPPORTERS

| | | | | |
|------------------|-----------------------|---------------------|----------------------|---------------------------|
| • The Trusts | • Avantiplus Westgate | • Cambrian Plastics | • Carlton Party Hire | • Douglas Pharmaceuticals |
| • Eventfinda | • FaceUp Real Estate | • Fernz Catering | • Italian Stone | • Marketing Works |
| • Onu Sportswear | • Pacific Linen | • West City Holden | • Westie Food Group | |

For full details of Sport Waitakere's financial statements for the year 1 July 2017 to 30 June 2018 please visit www.sportwaitakere.nz

A graphic of the Waitakere Ranges, featuring a dark teal base with a series of green, radiating, jagged lines that resemble the peaks of a mountain range.

WWW.SPORTWAITAKERE.NZ