

A photograph of two young women playing a piggyback pig game on a grassy field. The woman in the foreground is wearing a blue and white sports jersey with 'SAMURAI SPORTSWEAR' on the chest and is carrying the other woman on her back. Both are smiling and laughing. The woman being carried is wearing a black baseball cap with 'EVERLAST' in red. In the background, other people are visible, some wearing similar blue and white uniforms. The scene is outdoors on a sunny day.

SPORT
WAITĀKERE

ANNUAL REPORT

2018/19

PUKE TOTARA

GIFTED BY REWI SPRAGGON

Puke Totara tū mai rā
Whakaheke ki te awa
Ko Waitākere e tere nei
E rere, E rere
Putā atu ki te moana
O nga tai whakatu a Kupe
O nga tai whakatu a Kupe i!

Puke totara stand proud
Descending to the river of
Waitākere that meanders and flows
Cascading out to the sea
Of the upraised tides of Kupe

Sport Waitākere is proud to have received this waiata as a gift from Rewi Spraggon, respected and talented West Auckland chef, artist, musician and broadcaster.



ABOUT SPORT WAITĀKERE

Sport Waitākere is a Regional Sports Trust making a positive difference in the lives of people in West Auckland. We help build the capability of providers, encourage and support health promoting environments and enable participation in sport and recreation.

Sport Waitākere operates within the geographical boundaries of the Henderson-Massey, Waitākere Ranges and Whau Local Boards. The organisation is governed by a Board of Trustees and managed by Chief Executive Lynette Adams.

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SPORT WAITĀKERE

OUR VISION

Everyone connected, healthy and active.
Kia tuia, kia ora, kia tū.

PURPOSE

Enabling healthy and active lives.
Kia tū ora, kia tū ngangahau.

VALUES

Rangatiratanga - We grow LEADERSHIP
Hiranga - We strive for EXCELLENCE
Mahi Tahi - We group together as a TEAM
Whanaungatanga - We embrace our PARTNERS

OUR GUIDING PRINCIPLES

1. Enable Māori wellbeing and actively respect the special relationship of tangata whenua to West Auckland
2. Be relevant and valuable working for our community of West Auckland
3. Build on community leadership, knowledge and local partnerships
4. Continue to be a learning, adaptive and innovative organisation
5. Focus on long term change to positively benefit our community

OUR YEAR AT A GLANCE 2018/19

(1 JULY 2018 - 30 JUNE 2019)

110
WEST AUCKLAND CLUBS
MENTORED AND SUPPORTED

27
SCHOOLS WITH NEW WATER
FOUNTAINS, TAKING TOTAL
TO 48 SCHOOLS SERVING
26,574 STUDENTS

40
SCHOOLS ACTIVELY
WORKING TO PROVIDE
WAI-PROMOTING
ENVIRONMENTS

5
COMMUNITY GARDEN HUBS
ESTABLISHED, INVOLVING
68 FAMILIES IN WORKSHOPS
AND WORKING BEES

21
PARKS AND SCHOOLS OPENED
FOR COMMUNITY ACCESS

157
LUNCHES DELIVERED IN FIRST TWO TERMS
OF SCHOOL EATS SOCIAL ENTERPRISE

1,021
STUDENTS PARTICIPATED IN
KI O RAHI SESSIONS AND TOURNAMENTS

12,476
PIECES OF SPORTS EQUIPMENT
DONATED TO LOW DECILE SCHOOLS,
TOTTALLING \$96,000

133
VENDORS ACROSS 8 EVENTS
RECEIVED GOOD FOOD
KAI PAI GUIDELINES

348
PIECES OF SPORT
GEAR LOANED

2,248
PARTICIPANTS ACROSS INDIAN,
SAMOAN AND CHINESE ACTIVITIES

371
PRESCHOOL CHILDREN ACTIVE
THROUGH FUNSKILLS PROGRAMMES

35
SPORTING CODES HELPED

31,270
PEOPLE ACCESSED MOBILE HYDRATION
STATIONS AT SCHOOL AND COMMUNITY
EVENTS

4,423
HOURS OF SPORT DELIVERED
THROUGH KIWISPORT

70
LIFEJACKETS
SHARED WITH
LOCAL SCHOOLS

17
TEACHERS PARTICIPATED IN
TRADITIONAL MĀORI GAMES
WORKSHOPS

62,616
WATER SAFETY LESSONS

3500+
HOURS OF PHYSICAL
ACTIVITY OPPORTUNITIES
DELIVERED FOR
SECONDARY STUDENTS

27
COMMUNITY SPORT
WORKSHOPS

30
SCHOOL STUDENTS TRAINED
AS PLAY LEADERS

102
COACHES TRAINED

FROM THE CHAIR AND CEO

WE ARE PLEASED TO PRESENT THE SPORT WAITĀKERE
ANNUAL REPORT FOR THE 2018/2019 YEAR.

This last year has been one of positive change for our organisation. We are proud to have developed a new strategy, welcomed new team and board members, and strengthened our culture with a fresh focus on reinvigorating our operations and building a vibrant and caring team.

We are working to benefit the lives of West Aucklanders by delivering new solutions and increasing our reach to achieve greater impact. We challenge existing systems and aim for sustainable outcomes. More than ever, our partnerships with like-minded community focused organisations are demonstrating the effect of community leadership and expertise.

For more than 17 years, Sport Waitākere has been developing opportunities and environments that encourage physical activity and healthy lifestyles. This is underpinned by our new strategic vision 'Everyone Connected, Healthy and Active', and our refreshed purpose, 'Enabling Active and Healthy Lives'. We are committed to doing this by 'Enabling Participation, Building Capability and Transforming Environments'.

Over the year, we have focused on equity, accessibility and community leadership. At a governance level, the Board has formed action groups that actively support the work of the team.

Together with Aktive, Harbour Sport, Sport Auckland and CLM Community Sport, we are having an impact on the wider

Auckland region through the continued support of and involvement in the Auckland Approach to Community Sport. We have taken a targeted approach and are working in communities where we can have the greatest impact. This means focussing our work on young people and in communities that have lower participation rates. Our emphasis centres on three areas with diverse populations – Glen Eden, Lincoln North and Avondale/New Lynn - where we work with communities to provide appropriate local solutions that aim to mobilise large numbers of people.

It has been a privilege to access external funding on behalf of our community. The Trusts and NZ Community Trust provided funding to 'Gear up our Schools' which provided 12,476 pieces of sports equipment to 29 schools. The Trusts Community Foundation provided funding for water fountains and trailers for school and community use. The KiwiSport funding has been a great enabler for the community to access funds to benefit school aged children. This year alone, 18 projects have been funded up to a value of \$258,933.68. From these projects we have created well in excess of 4,400 opportunities and as a result leveraged a further \$294,788.25. This means that the total KiwiSport investment in the young people's space in West Auckland is well over \$553,722.23.

With the second contract underway for Healthy Families Waitākere, we have a team who are dedicated to creating



sustainable change to the health and wellbeing of communities. The team has really accelerated their work in the last year and this is evident in the significant traction gained. We have extended partnerships and collaboration and been able to influence key leaders and policy. Healthy Families Waitākere's strategic leadership group provides ideas and guidance to the team and utilises their strong spheres of influence across a multitude of sectors and settings to accelerate action within the Waitākere region.

Thank you to Aroha Hudson, Hare Rua, Jade Tang-Taylor, Matt Grey, Peter Caccioppoli, Penny Hulse, Stefan Crooks and Ministry of Health representative Melanie Turner for their community leadership.

The Trusts Sport Waitākere Excellence Awards was a highlight that celebrated success in West Auckland sport from grass

roots to premier levels of performance. It provides us the opportunity to formally thank the volunteers and individuals who tirelessly contribute to sport in our community. At the event we unveiled a new look digitised West Auckland Sports Wall of Fame and acknowledged Rex Davy as the 2018 Legacy Award Winner.

We continue to support the Collaborative Marketplace which is a collective of five community organisations who believe that working collectively will have better outcomes for our communities. Our vision of 'A thriving community sector in West Auckland that supports improved community outcomes' enables us to provide opportunities for our teams to work together. This has led to a more connected West Auckland and sharing of information and resourcing.

The work and positive change we make in the West would not be possible without the people and organisations contributing and supporting our commitment to the community. To these organisations, we are always extremely grateful. The Ministry of Health, Active Auckland Sport and Recreation, Sport NZ and Auckland Council provide a significant investment into Sport Waitākere and we thank them again for their dedicated support, leadership and partnership.

Our relationship with Auckland Council and the support they provide is also critical to the work we do and we thank our Councillors Ross Clow,

Linda Cooper and Penny Hulse for their continued support. Thank you also to organisations such as Oranga Tamariki which provide support for community programmes.

The three West local boards are very supportive of our work and it is great to see the increased value that sport and recreation has on the health and wellbeing of our community. We also thank the community supporters, gaming charities, funders and sponsors such as Foundation North, The Trusts Community Foundation, NZ Community Trust and The Trusts who continue to assist us along with local sporting groups.

For some years we have been focused on advocating for equity of resource deployment in the West. This has never been more important and over the last year we have continued this effort to ensure maximum resources are made available to strengthen our community. Again we thank the parties that make this possible and the importance that is placed on Sport Waitākere as a resource for our West Auckland people.

We are immensely proud of the Sport Waitākere team. Our Board and management are constantly amazed at the quality and commitment of the people who make up our organisation and the impressive work they do to make the West Auckland community more active and healthy. This team has a real impact on the local community on a daily basis - thank

you all for helping to make a difference.

We would like to thank and acknowledge Jarrod Walton (Chair), Kristy Hill, Winston Timaloa, Wyndi Tagi, Katie Bruffy, Nicola Mills as the Sport Waitākere Board of Trustees who generously donate their time providing strategic insight, astute governance, leadership and support. The diverse skills and expertise of our Board is invaluable to the work of our organisation. We also appreciated the brief involvement of David Frost.

Finally, to all the funders, sponsors, and supporters who back the work of Sport Waitākere, a huge thank you. Without you we would not be able to do the work that we do to make the people of West Auckland more connected, healthy and active.



Jarrod Walton
Chairperson Board of Trustees



Lynette Adams
Chief Executive

YOUNG PEOPLE

POSITIVE PLAYTIMES

Leadership training and development for student leaders is critical to ensuring that students in our primary schools have access to more physical activity opportunities during their intervals and lunch breaks.

Ngā Kaea mō Āpōpō (NKMA), Tomorrow's Leaders, continues to flourish in a number of West Auckland primary schools with many young leaders delivering regular sessions to other students in their schools. NKMA provides training and support for the kaea (student leaders) to enable them to deliver sport, physical activity and play activities during lunch breaks.



GROWING GREEN BAY LEADERS

Sport Waitākere provided a number of sessions to a group of year 5 and 6 students to help them develop leadership skills and provide quality physical activity opportunities to other students during lunch time. The sessions focused on values, communication, health and safety.

Green Bay set aside adequate time for the students to

practice their delivery as well as incorporating a reflection session where the leaders, the teacher in charge and Sport Waitākere staff came together to discuss what worked, what the challenges were and what else they could do in the future. These 20 students are now delivering regular lunch time sessions to younger children in the school.



“So good to see the leaders interacting so well with the junior students.”

Teacher, Green Bay Primary

“It gave the junior students something to do at lunchtime. Can it happen every day?”

Lead Teacher

FUNSKILLS

Over the past year Sport Waitākere has delivered FunSkills workshops to 254 educators across a range of early childhood organisations, primary schools and tertiary providers.

FunSkills provides professional development opportunities to educators as well as role model delivery to the children they are working with. The programme fosters holistic development with a focus on using play and games to help develop life skills, build resilience and develop problem solving skills, as well as growing imagination and creativity.

The model has operated in six centres over the past year, with children taking part in 20 sessions. Through FunSkills, young children are learning to love physical activity that will see them active for life.

“FunSkills has reinforced for the team the importance of physical activity and how valuable it is to child development. The professional development was a great refresher touching on brain development and the importance of balance and the impact that good or poor balance can have. We have really embraced this and encourage so much more spinning and hanging upside down - before it sometimes seemed ‘risky’. However, now these activities hold so much more importance to us.”

Teacher, Kelly’s Preschool



YOUNG PEOPLE

WATER SKILLS FOR LIFE

Due to the popularity of the Water Skills for Life programme, and subsequent pressure to deliver the programme to more students, Sport Waitākere worked with schools to help secure funding. A contribution from The Trusts Community Foundation meant that West Auckland schools could continue their participation in the programme.

Over the 2018/19 year, 62,616 lessons were delivered to 7,827 students in West Auckland under the Water Skills for Life programme.

One of the biggest highlights of the growing water safety culture is to see the emphasis schools are placing on water safety programmes. The focus is on increasing opportunities for students outside of the 10 free lessons that the programme currently provides for year 3-6 students in decile 1-6 schools.

Tamariki at Te Kura Kaupapa Māori o Hoani Waititi now take part in a year-long programme learning vital swimming and survival skills. Colwill Primary has also

taken up an opportunity to participate in additional open water experiences with Drowning Prevention Auckland.

The Sport Waitākere lifejacket hub set up last year with the funding from the Trusts Community Foundation and Drowning Prevention Auckland continues to prove a valuable asset to the community over the last year.



SECONDARY SCHOOL SPORT

Increasing leadership opportunities and student coaching have been the priorities for Sport Waitākere's partnership with secondary schools over the last year.

Sport Waitākere's secondary school activators have been focused on supporting the increase of quality leadership initiatives for students at Liston College, Waitākere College, St Dominic's

Catholic College, Avondale College, Te Kura Kaupapa Māori o Hoani Waititi and Massey High School.

We were particularly proud of the delivery that was supported at TKKM o Hoani Waititi, where not only did the tamariki receive traditional sporting opportunities, but they also got to learn and develop their skills in traditional Māori games

such as mau rakau and ki-o-rahi. Within our mainstream schools, we supported the Rutherford College Athletics Day for Primary Schools. Rutherford College students hosted a special athletics day for primary children, offering a number of track and field events alongside a range of activities supported by Sport Waitākere.



PROFESSIONAL DEVELOPMENT FOR TEACHERS

Professional Development opportunities were offered across different age groups and learning environments over the year, with a focus on encouraging teachers to use sport as a context for extended learning.

Team building workshops for teachers proved popular, both as an opportunity to energise staff as well as develop team culture. Future Leaders, International Women's Day and a Traditional Māori Games workshop were three themed days that were particularly successful, with the scope to provide peer to peer learning.



YOUNG PEOPLE

PLAY.SPORT

This was the final year for the Play.sport national pilot project, operating exclusively in West Auckland and Upper Hutt since 2016. The project was focussed on supporting teachers, schools, parents and community organisations to improve the quality of young people's experiences of play, physical activity and sport.

HENDERSON AND KELSTON CLUSTERS

Three schools focusing on play (Henderson Valley, St Leonards Road and Kelston Primary Schools) have completed full staff play professional development aimed at getting a shared understanding of the importance and value of play. These schools went on to identify loose parts play as a focus.

In order to give schools the opportunity to trial loose parts play and get feedback from staff, students and parents before committing to providing an on-going play opportunity, the

Magic Play Box was created using a recycled apple bin and spare parts donated from organisations and businesses.

Nine schools (including three in the Te Atatū cluster) have now trialled The Magic Playbox. The feedback has been very positive from both staff and students. Many teachers commented on the positive socialisation and behavioural outcomes and a number of schools are now developing junk play as an ongoing play option to make richer play environments for students.

“We loved the students’ ability to do a variety of things with the loose parts and the box itself.”

Assistant Principal, St Leonards Rd School



“The highlight of my year so far was the Magic Play Box because I got to share my ideas, be creative and play with my friends.”

Year 4 Student, Oratia District School



TE ATATŪ CLUSTER

The focus for the Te Atatū Cluster this year has been to develop stronger connections to the wider school community. One example of this was the link between Rutherford College and Rutherford Primary with the delivery of the primary school's annual athletic event. Rutherford College provided the venue, equipment and student leaders to run a full day event. The Play.sport team was tasked with setting up and delivering a Get Set Go (Athletics NZ) programme for Year 1 and 2 students

to participate in alongside the events. This provided an all-inclusive opportunity to the primary school that was age and stage appropriate. The student leaders from Rutherford College guided, motivated and led the junior students in a tuakana-teina approach that developed a relationship between students and schools. Connecting the community through the use of local facilities and students to lead this event, all stakeholders were impressed with this model.

"We would especially like to thank Gill Bloxham (Play.sport activator) and the Rutherford College students for their planning, communication, sharing of gear, set up, running of events, pack down and for their genuine and consistent commitment to whanaungatanga (being connected)."

Rutherford Primary staff

COACHING

COACH EVOLVE

Coach Evolve is a generic cross-code coach development programme available to selected coaches and aims to improve the quality of coaches working with players in clubs, schools and the community. A strong feature of this programme is the cross-sport interaction and sharing that allows coaches to discuss experiences, challenges and learnings in a safe and supportive environment. The 28 coaches inducted into the programme through 2018/2019 received follow up support from the Sport Waitākere Community Coach Advisor, including attendance at local forums, together with one on one coach mentoring.

The following coaches have achieved success from participating in the 2018/19 Coach Evolve programme.



VAUGHAN BRIDGES from Waitematā Rugby Football Club enrolled in the Coach Evolve programme as well as taking on Junior Delegate role (responsible for all junior coaching) at the club. He has also taken the step into coach developer training in partnership with Sport Waitākere and Auckland Rugby. He is now sharing his learning on Coach Evolve with his coaches at Waitematā Rugby Football Club.



LISA GARRUD from Auckland Artistic Roller Skating has seen her confidence in her coaching soar to new heights. Lisa's talents were sought out by a Tauranga precision team and she has taken on further coaching appointments with them. Lisa's development, leadership and coaching has inspired other coaches from Auckland Artistic Roller Skating to enrol in the Coach Evolve 2019 intake.



BERNADETTE MARK takes her passion for getting more girls riding into her coaching at Department of Cycling. She wants to improve her coaching skills and support the young girls taking up mountain biking in the Auckland region. This has led to Bernadette's appointment as coach for the JAFa Kids upcoming Bellas on Mountain bikes KiwiSport project.



KASPAR WHITE-HARRIS came through representative lacrosse ranks as a player and found himself naturally taking on a coaching role with the local Wildcats Lacrosse. He has embarked on a journey to grow the sport in West Auckland where he will continue to grow in a Coach Developer role for the club.

COMMUNITY COACH DEVELOPMENT

The last year has seen a significant change in building the capability of community to deliver their own coach development. This has been achieved by training community coach developers at schools and local clubs. The pilot that has been delivered in partnership with Sport Auckland and Auckland Rugby Union has been a success. Six local community developers have been trained and supported by the Sport Waitākere Community Coach Advisor to implement and deliver local coach development plans and training across schools and clubs.



BUILDING STRONG SPORTS ORGANISATIONS

CLUB CAPABILITY

The club capability team works with clubs across all codes to enable them to deliver high quality sporting experiences. We aim to empower clubs to engage with an increasingly diverse community and provide opportunities for players at all levels. This work encompasses workshops, provision of online and other resources for leading, managing and growing clubs, and one-to-one consultations with club leaders and committees. We also work with Regional Sport Organisations (RSOs) and National Sport Organisations (NSOs) to enable them to better support their clubs.



CLUB DEVELOPMENT WORKSHOP SERIES 2019

The team delivered a series of workshops for club leaders, covering volunteer engagement, grant funding and building participation and membership. Members from 110 clubs attended this year's workshops and feedback suggests the events were well targeted and provided practical strategies and advice to clubs. Club leaders also appreciated the opportunity to network with other leaders across codes to learn from each other.



CLUB DEVELOPMENT CASE STUDY - WILDCATS LACROSSE

Wildcats Lacrosse has been operating for years as a casual club with just two teams, no real structure, and no plan.

Club President Benjamin Indelicato contacted Sport Waitākere for guidance and support around how to grow the club, and the sport of lacrosse in West Auckland.

SPORT WAITĀKERE HAS:

- Guided club leaders through a KiwiSport Fast Fund Application, which resulted in \$5000 being approved for an Introduction to Lacrosse programme to be delivered in Green Bay High School. This will be followed by setting up and providing regular coaching to the Green Bay High School team ahead of the inter-school competition in Term 1 2020.
- Worked with Wildcats to write a coaching development plan.
- Advised club leaders around the re-establishment of the club as an incorporated society, writing job descriptions for club committee members, managing finances, running the AGM, selling the committee's vision to the membership and building participation.

By engaging with Sport Waitākere, schools, and the wider West Auckland sporting community through our workshops, Wildcats Lacrosse is taking the right steps to build a well-organised, vibrant club which will attract new members and provide a new avenue for Waitākere residents to be healthy, active and connected.



VOLUNTEERS AND STUDENTS – BUILDING THE FUTURE WORKFORCE

The number of students and volunteers looking for placements in the sporting and health industry continues to grow as people look for experiences to add to their tertiary qualifications.

Sport Waitākere receives numerous requests from a wide variety of backgrounds. These include secondary students on Gateway placements, undergraduates and post graduate students from a variety of universities and polytechnics looking for placement opportunities, as well as those 'between jobs' who are exploring new directions in careers or looking to gain vital experience.

The students and volunteers add considerable value to our organisation undertaking roles such as research into our food systems, supporting our Community Sport Team at events as well as helping with the day to day running of the organisation. Over the past year students and volunteers have contributed over 1,000 hours to the organisation. We wish to thank them sincerely for their time and commitment.

We pride ourselves with being a learning organisation and helping with the growth and development of students and volunteers from within our community.



IN THE COMMUNITY

STRENGTH AND BALANCE

Sport Waitākere delivers a strength and balance programme that focusses on increasing leg strength and overall balance in order to reduce falls in adults over 65.

The chance of falling increases with age, and the time spent in hospital because of a fall decreases muscle mass by up to a year for every day someone spends on complete bed rest. The confidence that strength and balance classes give older adults to move even after an injury is invaluable.

Fifty seven classes across West Auckland provide physical activity for adults over 65. The range of opportunities is vast, from a CrossFit class in Massey to a gentler (but still challenging) seated keep fit class in New Lynn.

As the programme gains momentum, more programmes have been developed. At the start of 2019 a pilot Strength and Balance programme was run in the Avondale Mosque and funding has been confirmed for the continuation of this unique programme.

This year it has been exciting to see all group fitness classes that cater to older adults increase their participation numbers. The social aspect continues to be an important part of the programme as loneliness and isolation can also have considerable health effects. While the exercise is undoubtedly important, participants unanimously agree the social and friendship component is what keeps them coming to class.



COMMUNITY CLASSES KEEPING SENIORS ON THEIR FEET

'Living stronger for longer.' Every week, a group of dedicated seniors come together at venues across West Auckland, with this simple mantra.

Eric Stricker has been taking part in a local strength and balance class and more recently, his daughter has joined him in a bid to keep healthy and active - together. They're firm believers in staying fit as you get older, and saw the community strength and balance class as the perfect opportunity to do so.



"Falling over isn't a normal part of aging, these classes help me to keep stable on my feet. They're as hard as you make them, we do different things each week. Since joining the class I can feel the difference, it's a great opportunity to get the blood flowing."

Eric Stricker

"The classes deliver more than strength and balance. We often hear the fear of falling leads to feelings of helplessness and social isolation. The community strength and balance classes offer people a chance to maintain their health, have fun and build confidence in a social environment with their peers."

Lynette Hay, Sport Waitākere Strength and Balance Trainer

LOCAL BOARD HIGHLIGHTS

Our team of community brokers are focused on helping our communities to be connected, healthy and active by building connections between local people, local champions and organisations in Waitākere - operating within the Local Board areas of Henderson-Massey, Whau and Waitākere Ranges.

WHAU LOCAL BOARD

The team undertook a total of 72 physical activity events attracting more than 1,660 community participants. Highlights included providing kid zone and pop up areas at high populated events, all aimed at promoting play, and working alongside community champions to deliver park events.

Specific activities over the last year included a six-week activation of tribal sports, attended predominantly by Pacific and Māori participants, delivering the New Lynn holiday programme which catered for 138 young people and co-ordination of the first quick rip tournament in Auckland.



WAITĀKERE RANGES

There were 26 physical activity events with more than 1400 participants within the Waitākere Ranges Local Board area. Continuing on from the insights gathered through park to park activations in the previous year, we were able to take the voices of this community to Auckland Council and Waitākere Ranges Local Board. Through this we have gained recognition and support to resource sporting equipment boxes in local parks to encourage play and physical activity. The implementation phase has started and we are working with Auckland Council and Waitākere Ranges Local Board to establish guidelines for equipment storage and landowner approval.



HENDERSON-MASSEY

More than 2650 local community participants took part across 61 activities within the Henderson-Massey Local Board area. Through a Lincoln North deep dive project, we learned that the local community were wanting physical activity opportunities that were whānau inclusive, affordable and celebrated the diverse cultures of the community. We delivered family inclusive park activations and partnered with neighbouring organisations to provide play opportunities at large community events. There was a real desire to reach the young leaders of Henderson-Massey, to nurture their strengths, skills and abilities to deliver systemic change within the community. We also teamed with Alternative Education to better support the delivery of physical activity across their programmes and are evaluating the way resources are provided to these young people.



Key activities over the last year included a six-week bootcamp, attended predominantly by Pacific and Māori participants, and management and running of the Te Atatū holiday programme which catered for 505 young people over three school holiday periods.

IN THE COMMUNITY

MOVE IT YOUTH HOLIDAY PROGRAMME

The Move it Youth holiday programme is a free physical activity and sport programme operating during the school holidays. The programme is targeted at 11-18 year olds who are less active, providing them with free activities, community support and food. The programme initially began in Rānui but now has participants attending from as far as Avondale. Over the last year there have been a total of 1156 participants. Families are enrolling older children with their younger children which has been consistent since the programme began.

Using the same framework as Henderson/Massey we delivered a free physical activity and sport programme during the school holidays in Te Atatū South. Learnings from the Henderson programme indicated that families were needing more programmes for younger ages. We tailored the framework to reflect the needs of this community and delivered a programme that operated on a smaller scale, with a cap of 30 students per programme.



MOVE IT YOUTH LEADERSHIP

Move it Youth is a leadership opportunity to develop and grow community leaders through the delivery of our Move It Youth holiday programme and activation zones at community events. The aim of the programme is to empower youth and give them the confidence through all walks of life. Since sharing learnings

with Auckland Council about creating more localised leadership development opportunities, we have partnered with ZEAL West to extend our number of young leaders. Through the delivery of physical activity and sport these leaders build self-confidence, leadership, social and communication skills.

ETHNIC ENGAGEMENT

Sport Waitākere employed dedicated staff in the 2018/19 year to work alongside our diverse ethnic communities. This has significantly increased our engagement and ability to deliver relevant initiatives across West Auckland.

INDIAN COMMUNITY

A number of successful programmes have been delivered in partnership with the Indian community, including indoor sports (badminton and futsal) with Waitākere Indian Association, a strength and balance exercise programme with New Zealand Muslim Association, support of the Shri Ram-a-thon, table tennis at the Shri Ram Mandir and support of cultural Chenda dance.

Through these programmes Sport Waitākere has been able to involve more than 120 new participants and has worked closely with groups such as Waitākere Indian Association and the New Zealand Muslim Association to secure funding to ensure the programmes are sustained in the long term.

In addition to increasing participation, we are working with community groups to build capability and sustainable programmes.



SAMOAN COMMUNITY

PACIFIC IN THE PARK

Sport Waitākere, in partnership with the NZ Police, delivered fun and interactive games and activities for young people and their families in the lead up to the 'Pacific In The Park' event, held at Massey's Moire Park.

Pacific in the Park was a great success and saw hundreds of community members attend to celebrate Pacific identities and promote the event's key messages of stronger, more resilient families. The event was sponsored by Pasefika Proud with their key message of 'Our Family, Our People, Our Responsibility.'



AIGA JAM SESH

A successful Aiga Jam Sesh programme ran over two terms, with local champions delivering box fit, hip hop, Siva Samoa, Hulanesia and Kids' Zone sessions. The family-based physical activity programme was very popular and grew in numbers each week as the news spread around the community.

In term two of 2019, AIGA Jam Sesh expanded into Te Atatū South in partnership with Te Atatū South Community Centre, and has seen interest from other areas around West Auckland which is really positive as we continue to grow and evolve this project with our Pasifika community.



IN THE COMMUNITY



CHINESE COMMUNITY

WALK WITH US

The Walk With Us programme has provided the Asian population in West Auckland with quality opportunities to participate in regular physical activity, while encouraging social interaction and connections with the local community. Leadership has been growing within the group and more local champions are now volunteering to serve their community.

A full day outdoor leadership workshop was held in the Waitākere Ranges Regional Park for bushwalk leaders, combining theory and practice sessions with specific focus on increasing leaders' knowledge of the New Zealand natural environment, safety and crisis management skills to assist them in organising their own bushwalks.

The Walk With Us programme has grown momentum over the last year, with 60 walks being organised by Sport Waitākere since August 2018.

WAITĀKERE CHINESE ASSOCIATION

Following the success of 'Walk With Us', the Waitākere Chinese Association was formally established in February as an incorporated society, with its member base predominantly made up of recent migrant retirees with limited access to regular community connections. With support from Sport Waitākere, the Association's committee has successfully organised two community events including a cultural festival, which welcomed over 170 participants and provided 15 different kinds of traditional Chinese art and cultural performances.

SPIKE SPIN SMASH

Spike Spin Smash is a weekly social sporting programme that runs from May to October to encourage the Asian community to participate in sports. 621 participants took part across an array of sports including badminton, basketball, table tennis and volleyball.

VOLUNTEER PROGRAMME

The volunteer programme aims to focus and build on strengths of youth (16 to 22 years) in the Asian community by encouraging participation through volunteering at sport and recreation events, and growing connections with local clubs and community groups.

Over the last year Sport Waitākere connected with local schools to recruit more ActivAsian volunteers. 108 new registrations have been received and another nine volunteer opportunities and events were offered to ActivAsian volunteers.

YOUTH CLUB PROGRAMME

Designed to provide school-aged children more quality opportunities to participate in sport and recreation, the Youth Club programme's underlying vision is to ensure that Asian youth have options for being physically active.

Key activities included a 10-week junior basketball programme, a 10-session badminton workshop and a junior dance programme, all aimed at providing Asian youth the opportunity to try different kinds of physical activities and build fundamental skills for the future.



WOMEN AND GIRLS

In celebration of International Women's Day on 8 March, Sport Waitākere hosted a workshop for secondary school girls, who have leadership roles in their schools, to attend an event hosted at Henderson Council Chambers. The group discussed ways to help provide access to physical activity and movement in our communities for all Waitākere women and girls.

As a follow up, a workshop was organised for female support staff at Rutherford College to gain a better understanding of what physical activity looks like in their lives and how barriers to physical activity could be removed. This information is helping formulate a plan to encourage greater participation of women and girls in Waitākere.



CYCLE WEST

Due to the significant increase of cycling in New Zealand, Sport Waitākere last year started working with Cycling New Zealand, Sport NZ, Auckland Council and Auckland Transport in implementing and developing the Cycle West initiative.

Key highlights of the first year of the initiative include increased engagement with cycling clubs, facilitating coaching opportunities and supporting club development, and helping develop community events to raise awareness and increase cycling participation.



COMMUNITY ACCESS SCHEME

The West Auckland Open Up project has been developed from legacy Hillary Commission funding to enable the wider community use of school facilities (bike tracks, swimming pools, courts, gyms and turf/ hall spaces) outside of school hours.

The intention of this is to offer more opportunities to our community for accessing sport and recreation experiences.

Over the summer period, three school bike tracks (St Mary's, Pomaria School and Glenavon School) have been opened to the community to use outside of school hours. Furthermore, through

an intensive relationship building process we have been able to link in with key stakeholders including Auckland Transport and Drowning Prevention Auckland. Auckland Transport has been able to offer delivery to our bike track schools as well as Drowning Prevention Auckland training lifeguards.

We have been working alongside Rutherford College to get its swimming pool open to the community. Community consultation from the Te Atatū area has been a key aspect in this process, showing that over 100 families would like the pool open to the community over the summer months.

HEALTHY FAMILIES WAITĀKERE

“A healthier West Auckland starts in the places where we live, learn, work and play. In healthier environments children learn better, workplaces are more productive, people are healthier and happier and communities thrive.”



Healthy Families NZ is a Ministry of Health funded prevention initiative, operating in ten locations across Aotearoa to support change for better health and wellbeing outcomes in places where we live, learn, work and play.

In West Auckland, Healthy Families Waitākere works to strengthen the prevention system (by harnessing the power of locally-led collaboration and co-design). Team members work alongside local leaders to identify, ideate and implement change to support people to make healthier choices in places where we spend our time, including; schools, workplaces, places of worship, marae, community spaces and more.

By taking a systems approach to reducing risk factors of preventable chronic disease, the approach aims to improve health outcomes and increase health equity through key focus areas; improved nutrition, physical activity and mental health, smoke-free and reduced alcohol-related harm.





EATING WELL

WAI AND WATER: THE PRO WATER MOVEMENT

Healthy Families Waitākere is working alongside community, schools, kura, marae and sports clubs to identify the underlying causes of low water consumption. Armed with insights, data and a locally-led approach, our team worked alongside community champions to create a systemic shift to increase access, availability and affordability of water and in turn, disrupt the consumption of sugary drinks in community environments across West Auckland.

This year, an additional 43 fountains have been installed in Waitākere schools, bringing the total to 90 in 48 schools. The fountain installation provided a springboard for ongoing working relationships with schools across the region.

Healthy Families Waitākere worked with national water fountain manufacturer, Tap Water Wells, to develop a design to increase functionality, usability and appeal of its fountains. This saw the development of the mobile water trailers, specifically designed for locations and events where access to free water was limited.

There has been significant demand for the water trailers, hired by community for over 15 events reaching over 31,200 people since the beginning of this year.

“We were thrilled to have the support of Healthy Families Waitākere and the Whau Local Board to bring a water fountain to our club. Our members and management were included on the journey, which ultimately led to the positioning of where the fountain would be installed, to ensure accessibility and convenience for community. Prior to the fountain installation, we monitored the four council rubbish bins closest to the fountain and canteen, observing the amount of rubbish being deposited. Insights collected over four weeks following the water fountain installation demonstrated a noticeable drop in alternative drink bottles, which we were very pleased to see, both from a health and environmental perspective.”

Tua Raroa, Chairperson, Western Magpies

HEALTHY FAMILIES WAITĀKERE



KAI AND FOOD

Healthy Families Waitākere focuses on supporting initiatives and environments to grow local, resilient food systems. This approach has resulted in significant systems changes through initiatives in schools, events and community garden spaces.

THE KITCHEN PROJECT

In partnership with Panuku Development Auckland, ATEED and Healthy Families South Auckland, Healthy Families Waitākere continues to support the Auckland initiative, The Kitchen Project. The initiative is designed to equip participants with the tools needed to bring their business to life in Auckland's bustling foodscape. Over 26 weeks, participants learn practical business know-how, including developing a robust business plan and how to navigate the red tape to create a food control plan.

Healthy Families Waitākere has continued to support this initiative through designing and distributing messaging designed to reach West Auckland's diverse population groups. Through four intakes, 20 participants have graduated from the course, armed with the tools to prosper and realise their goal of transforming an idea into an extraordinary and successful culinary business.

SCHOOL EATS

This year, a new social enterprise has seen over 150 healthy lunches delivered to school students in West Auckland, making the healthy choice the easy choice for parents in the region.

In partnership with Lincoln Heights, Our City Church and Healthy Families Waitākere, School Eats provides nutritious lunches, priced at only \$5 each. School Eats is currently in its testing phase, recently rolling out to an additional local school, Holy Cross.

A proliferation of dairies and bakeries around schools in West Auckland offer convenience and affordability to students, making unhealthy options highly accessible. The collaborative mission is to bring the healthy choice to schools in a way which is convenient and affordable.

Lunches are hand-made each morning, parents can order via the website, with the option to pre-order the lunches in advance for added convenience.

TAKING ACTION ON UNHEALTHY FOOD

A West Auckland community is tired of seeing its children being targeted by fast food marketing and suffering the effects of a poor diet, and is gearing up to make its food environment healthier.

The University of Auckland and Healthy Families Waitākere partnered to facilitate several workshops with residents and community leaders to understand the key barriers to fruit and vegetable intake in children. Key barriers included factors such as the high density of fast food outlets and volume of advertising, the cost of fresh produce and limited time to prepare nutritious meals.

Through the workshops, residents have outlined a number of ideas to strengthen the local food system which are currently being tested with support from Healthy Families Waitākere.

“Communities cannot tackle these systemic issues on their own – they can’t limit advertising or prevent more fast food outlets from opening in their neighbourhoods. Schools could be supported by a standardised healthy food policy, which could be tailored to suit their needs and strengths. Advertising of fast food needs stronger regulation, and the concentration of fast food and convenience stores, particularly around schools, must be addressed.”

Dr Sarah Gerritsen, research fellow from the University of Auckland’s School of Population Health



BACKYARD GARDEN HUBS

Healthy Families Waitākere has worked alongside a number of community organisations including My Backyard Garden Project and the Compost Collective to grow a culture of wellbeing through increasing food security and resilience in community environments.

This year, Healthy Families Waitākere has supported the delivery of 19 workshops and working bees, with 68 families participating in workshops across West Auckland. Over 200 garden beds have been installed in community hubs, schools and ECE’s, strengthening the local food system and increasing resilience across West Auckland.

HEALTHY FAMILIES WAITĀKERE

HEALTHY ENVIRONMENTS

WORKING TO IMPROVE ACTIVE TRANSPORT IN WEST AUCKLAND

Ongoing conversations and a shared vision between the Strategic Leadership Group at Healthy Families Waitākere and the Henderson-Massey Local Board has led to a commitment to improving active transport options in Rathgar and Lincoln Roads.

Earlier this year, Healthy Families Waitākere engaged with the Henderson-Massey Local Board to influence the Lincoln Road upgrade through sharing collected data on resident usage and perceived barriers to active transport. Whilst conversations concerning Lincoln Road are ongoing, the team at Healthy Families Waitākere influenced broader conversations leading to the local board allocating \$1.1 million budget for the Henderson North Home and School Zone. The funds are set to deliver improved pathways and regulate vehicle speed.

“With highly congested main roads and car dominance, the Henderson North Home and School zone is a tough thoroughfare to redevelop. The Healthy Families Waitākere team ensure Waitākere redevelopments include community consultation and input to make certain the space is reflective of the community it serves.”

Shane Henderson, Henderson-Massey Chairperson



TRAVEL DEMAND PLANNING NOW AVAILABLE FOR WEST AUCKLAND BUSINESSES

With a landscape in West Auckland of many smaller owner-operated businesses, the travel demand planning offered by Auckland Transport has not been previously available. Only businesses with over 100 employees were able to request support to develop a travel plan. This has meant that many West Auckland businesses have not benefited from this service.

Healthy Families Waitākere has been able to work with Auckland Transport to influence the criteria on behalf of West Auckland businesses. In response, Auckland Transport's travel demand planning will now be available to businesses with under 100 employees through a pooling system, offering the West Auckland business community a chance to improve active transport services for employees in the region.

ALCOHOL HARM REDUCTION

Healthy Families Waitākere is taking a whole systems approach to alcohol harm reduction and embarked on an insights report to understand the landscape in West Auckland. Interviews were held

with 23 willing stakeholders at an organisational level.

Insights gathered were used to produce an interim report that was distributed to participants, as well as non-participating

key stakeholders. The report is already proving an effective tool for advocacy and collaborative exploration with a number of stakeholders in the system.

MĀORI HEALTH

This year, Healthy Families Waitākere has been intentionally connecting communities to share and revive Māori knowledge to improve equity and optimise health and wellbeing for Māori now and for future generations. Primarily this has been conducted through bringing kaimahi (staff/employees), rangatahi and whānau together to build knowledge and understanding of Maramataka, the Māori lunar calendar.

This indigenous model takes an environmental and holistic approach towards supporting the health and wellbeing of whānau and the community.

MARAMATAKA

This year, we worked alongside renowned guest speaker and Māori astronomer, Rereata Makiha, to set the scene for Maramataka innovations. Alongside a working group of stakeholders, Healthy Families Waitākere has hosted a series of Maramataka Innovation workshops with community leaders. Through this process we have identified both a core group of seven attendees who are committed as the core innovation group for ongoing participation and leadership in this area and a wider interested whānau who are

applying Maramataka in their day to day work and activities.

As a result, a Maramataka innovations rōpū (group) was established. Members of this rōpū include representatives from; Hapai Te Hauora, Te Ha Oranga o Ngāti Whatua, Waipareira, Toi Tangata and Auckland Libraries.

URBAN DESIGN

Healthy Families Waitākere has been ensuring developments around Waitākere are actively engaging with our rangitahi (youth). Supported by

Healthy Families Waitākere, a stakeholder rōpū was developed to ensure a youth voice was heard during the redesign of Ōpanuku Reserve, overseen by Panuku Development Auckland.

Tauira (students) and kaiako (teachers) from the bilingual units at Henderson Intermediate and Henderson High School participated in a co-design workshop to enable the students to explore what they would like to see included in the design of Ōpanuku Reserve and play area, and as a way to encourage tauira to open their minds about the environment around them.



HE ORANGA POUTAMA

The He Oranga Poutama ki Tāmaki (HOP) and Sport Waitākere have worked closely over the past 12 months including the ongoing development and input into the Sport Waitākere Māori Effectiveness Plan which, ultimately, has seen the whole of Sport Waitākere being more effective for Māori communities.

TE ARA HAERENGA / CYCLING WITH HOP

HOP has been fortunate to secure some extensive work alongside Auckland Transport Te Ara Haepapa to deliver BikeReady Grade 1 Cycling in Kura Kaupapa Māori around Tāmaki Makaurau.

The BikeReady Programme Grade 1 delivery consisted of working with year 5 to 10s in Kura Kaupapa Māori, including Te Kura Kaupapa Māori o Hoani Waititi Marae and Te Kura Kaupapa Māori o Te Kōtuku. Students were taught how to wear a helmet correctly, how to safely check a bike before using it and how to

ride safely with the use of road hand signals, focusing on the competencies for safe cycling. The aim is to have trainees actively involved in the learning process as they experience their streets by bike and therefore become 'thinking' road users.

Thanks to Auckland Transport for providing He Oranga Poutama with a fleet of Bicycles to carry out this programme. Meikore ko Auckland Transport kua kore ngā taurira e whai whakaakoranga kake pahikara.



KŌHANGA REO / PUNA REO / ECE

Year after year we continue to celebrate Matariki through our event 'Te Whare Tapere O Matariki' held at Auckland Netball Centre.

Six Kōhanga Reo including Te Kōhanga Reo o Rongomau, Te Kōhanga Reo o Pukerohi, Te Kōhanga Reo o Taurere, Te Kōhanga Reo o Te Kūpenga, Te Puna Kōhungahunga and Te Kōhanga Reo o Pikitia participated in activities including bike riding, moko stenciling and a short movie clip of Matariki by Pipi Mā.





PROFESSIONAL DEVELOPMENT

Matariki teacher PD was once again a huge success, with the presence and contribution of students and Whaea Ne'kol from Hoani Waititi who added immense value to the professional development opportunity.

This was a great example of communities working together to provide quality opportunities and modelling Tuakana me te Teina.

More than 30 mainstream teachers and students participated to learn more about how they can implement Māori games in their schools.

HOP also provided Māori games PD to the Sport Waitākere Kiwi Sport Activators to assist in their delivery in the community.

KURA TUATAHI / PRIMARY SCHOOLS

Delivery of ki o rahi into schools is still in great demand. Some of those schools included Sunnyvale Primary School, Bruce McLaren Intermediate, Avondale Primary School and Massey Primary School.

A ki o rahi Year 5 and 6 tournament held at Massey Domain attracted various mainstream schools that Sport Waitākere and HOP had engaged with earlier in the year. He Oranga Poutama also provided assistance at the 'Rā Kahoe' at West Wave Aquatic Centre for Kura Kaupapa Māori across Tāmaki.

AHAKOA HE ITI TE MATAKAHI, KA PAKARU I A IA TE TŌTARA

Although the wedge is small, it overcomes the totara tree.
A little effort applied properly can achieve good results.





SPORT WAITĀKERE EXCELLENCE AWARDS

Sporting Acknowledgement Awards

Andrew Rae - Roller Skating
Auckland Waitākere Roller Sports Club

Elaine Curtis - Netball
Netball Waitākere

Lindsay Tait - Basketball
Waitākere West Auckland Basketball

Peter Bult - Football
Waitākere City Football Club

Rebecca Jameson - Diving
Auckland Diving Community Trust

PACIFIC LINEN

Sport Volunteer of the Year
Hedy Turner - Netball - Netball Waitākere

Administrator of the Year
Peter Beckerleg - Badminton - Badminton Waitākere

Official of the Year
Poyer Reihana-Finau - Tag Football - Waitākere College

Team of the Year
Waitākere Outriggers Canoe Club Paihere
Waka Ama Waitākere Outriggers Canoe Club

DOUGLAS CHARITABLE FOUNDATION

Coach of the Year
Steve Gladding - Diving - Diving Waitākere

MARKETING WORKS

Club of the Year
Diving Waitākere

Masters Sportsperson of the Year
Annette Fletcher - Indoor Rowing
New Zealand Rowing

ELIXIR EVENTS

Youth Leadership in Sport Award
Laura Robertson - Rutherford College

Secondary School Sportsperson of the Year

Nathan Brown - Diving
Waitākere College

TAP WATER WELLS

Secondary School Team of the Year
Kelston Boys High School
Premier Rugby League

Pacific Island Achievement Award

Phillis Meti - Long Drive Golf
New Zealand Long Drive

Māori Achievement Award

Kanah Andrews-Nahu
Functional Strength Olympic Weightlifting

Junior Sportswoman of the Year

Maddison-Lee Wesche - Athletics
Waitākere City Athletic Club

WEST CITY HOLDEN

Junior Sportsman of the Year
Cameron Brown - Football
Waitematā Football Club

ITALIAN STONE

Sportsman of the Year
Martin Guptill - Cricket
Suburbs New Lynn Cricket Club

EVENTFINDA

Sportswoman of the Year
Phillis Meti - Long Drive Golf
New Zealand Long Drive

THE TRUSTS

Supreme Award
Maddison-Lee Wesche - Athletics
Waitākere City Athletic Club

WEST AUCKLAND LEGACY AWARD

Rex Davy





Sport Waitākere hosted its annual Sporting Excellence Awards, a fantastic celebration of sporting achievement in West Auckland. The naming rights sponsor was once again The Trusts, with a number of local supporters sponsoring categories. A wide range of sports, organisations, and schools were represented at the celebration awards night held at The Trusts Arena.

Thanks to all our sponsors and supporters, Douglas Charitable Foundation, West City Holden, Marketing Works, Italian Stone, Cambrian Plastics, Pacific Linen, The Warehouse, Eventfinda, Elixir Events, The IT Psychiatrist, Chesters Plumbing & Bathroom New Lynn and Tap Water Wells.

The fourth legacy award winner was announced and honoured Rex Davy. Rex epitomises the principles of the Legacy Award, having had a significant and influential role in the West - largely through rugby and his contribution to the successful completion of the building of The Trusts Arena. The night also showcased the new West Auckland Sports Wall of Fame where Eroni Clarke was inducted into the wall.

The Supreme Sports Award winner was Maddison-Lee Wesche from Waitākere City Athletic Club, who represented the New Zealand Athletics Team in the Under 20s World Championships 2018, winning gold in shotput.

Congratulations to all nominees, finalists and winners for their achievements.



KIWISPORT

KiwiSport is a national initiative launched in 2009 with specific objectives to:

- Increase the number of children aged 5-18 years participating in organised sport - during school, after school and by strengthening links with sports clubs.
- Increase the availability and accessibility of sport opportunities for all children aged 5-18 years to participate in organised sport.
- Support children in developing skills that will enable them to participate effectively in organised sport.

Over the last two years, in line with guidance from Sport New Zealand, we have taken steps towards removing KiwiSport from the curriculum space. This is to ensure that sport is used as a vehicle to learn, rather than as replacement for PE, which is already funded by the Ministry of Education as a core part of the curriculum.

To date this step is proving successful in reinforcing a quality approach to the delivery of sport to young people, with many schools reporting increased capability and confidence of their staff in delivering PE lessons, supplemented by non-curricular (lunchtime and after school) sport programmes funded by KiwiSport.

The West Auckland KiwiSport funding allocation is split into three key areas, decided upon via extensive community consultation.

LOCAL COMMUNITY FUND

Over the year we received a range of applications, including a number from new applicants which is encouraging as we try to diversify the reach of our funding. Highlights of this year's fund include the Kelly Sports after school programmes, offering activities to tamariki in schools who hadn't previously had this opportunity, and also the Sticks and Stones boxing project which is delivering boxfit in a way that not only gets young people more active, but also builds confidence and self-esteem.

We are pleased to report that 100% of Local Community funding for this financial year was distributed within the West Auckland community.

PRIMARY SCHOOL FUND (NON CONTESTABLE)

The Primary School (non-contestable) fund has been divided up into four cluster areas (Green Bay, Massey, Henderson and Whau), with the clusters ranging in size between five and nine schools.

Each of the clusters is funded through a match funding process, where schools within the clusters contribute their KiwiSport direct fund, and we match this with this non-contestable fund. In all cases, this provides enough funding to employ a coordinator who is based out of the lead school in the cluster, as well as a local budget to coordinate a set of new and exciting opportunities.

The core role of the assigned activators is to drive sporting opportunities in non-curricular time, specifically before and after school, and during lunchtime. They also assist in the coordination of a set of cluster tournaments, events and wider sporting opportunities for West Auckland students to develop a lifelong love of physical activity.



2018/19 KIWISPORT FUND RECIPIENTS

LOCAL COMMUNITY FUND

Kelly Sports	\$25,600.00
Boot-It Fitness	\$11,300.00
Surfing New Zealand Inc.	\$15,800.00
Waitākere College	\$25,000.00
Huapai Golf Club	\$5,400.00
Sticks and Stones Aotearoa	\$23,640.00

FASTFUND

S Energy Sports	\$3,450.00
Waitākere College	\$3,493.00
Waitemata Table Tennis	\$4,990.00
Young Guns Skate School	\$4,080.00
West Auckland Wildcats Lacrosse Club	\$4,993.00
Badminton Waitākere	\$2,155.00
Hajamie Judo Club	\$4,985.00
Te Pai Tennis Club (Pickleball)	\$4,026.00
Rutherford College (Ki-o-rahi)	\$4,910.00
New Zealand Disc Golf Association	\$4,680.00

PRIMARY SCHOOL (NON CONTESTABLE)

South West KiwiSport Cluster (Lead School - Rosebank Primary)	\$42,095.00
Green Bay Cluster (Lead School - Green Bay High)	\$39,207.00
Massey Cluster (Lead School - Massey High School)	\$23,067.00
Henderson Cluster (Lead School - Western Heights Primary)	\$27,192.00

KIWISPORT CASE STUDY

Rutherford College: Ki o rahi at Te Atatū Schools

The initial aim of this project was to provide an opportunity for Play. Sport Schools to introduce or develop their knowledge of Māori games and in particular ki o rahi.

Rutherford College's Māori Academy, Mahi-a-toi, were identified as the key group to develop and deliver the programme to Te Atatū Community of Learning (CoL) schools. Ki o Rahi Tamaki Makaurau (KORTM) provided three, one-hour PD workshops to the Mahi-a-toi students to ensure confidence and consistency in delivery. The students delivered two, one-hour workshops to 100 year 6 students at each school across two consecutive weeks, followed by a one-day tournament hosted at Rutherford College.

Successful allocation of KiwiSport funding allowed for the supply of a complete ki o rahi set to each of the seven primary schools. The tournament was opened and closed by Mahi-a-toi students with Whakatau in line with traditional Māori protocol. It is hoped this will be an annual event in alignment with Matariki.



"It's so nice to come to this event and watch my students develop under the guidance of Rutherford College students, I haven't needed to coach or manage the team as everything has run so smoothly thanks to Rutherford College."

Participating teacher, Te Atatū CoL school

KIWISPORT CASE STUDY

Auckland Squash: Kiwisquash

Students at several primary and intermediate schools were given the opportunity to try squash through in-school sessions, which involved an introduction to the sport on a micro-court with a focus on basic skill development and competitive squash specific activities. Each school was also given the opportunity to take part in two free club-taster sessions, allowing students to have a go at playing squash on a full-sized court.

“80% had never tried the sport before and we received a glowing response from the students about how much they loved it and want to try it out as a sport. Such was the enthusiasm for the sport we held inter-class competitions every lunch hour which further developed the game. Students that we took to the courts at Henderson Squash Club really enjoyed the three-dimensional aspect of the game. It is a direct result of this commitment from Auckland Squash that our students went on to train and prepare for the Western Zone Squash Competition which we eventually won and took almost every other placing for our 5 teams.”

Rob Emerson – Bruce McLaren Intermediate



The logo for Active Auckland Sport & Recreation. The word 'ACTIVE' is written in a large, stylized, blue font where the letters are interconnected. Below it, the words 'Auckland Sport & Recreation' are written in a smaller, dark blue, sans-serif font.

ACTIVE

Auckland Sport & Recreation

Aktive and Sport Waitākere, along with Sport New Zealand, Auckland Council and other key regional partners, are working collaboratively to achieve the vision of Auckland being the world's most active city. The foundation of this is the locally-led strategy: The Auckland Approach to Community Sport. As a key partner, Sport Waitākere is advancing local solutions to sport and active recreation needs in targeted Communities of Activity and engaging with these communities to sustain this valuable work.

Sport Waitākere can be proud of many achievements of note this year including the engagement of new partners with the launch of the Waitākere Chinese Association (now at over 150 members) and the 'Aiga Jam Sesh' (family fun club) which is at capacity in three locations. Additional achievements are the establishment of a seventh primary school cluster, club capability build with more than 60 local clubs and sports organisations, Sport Waitākere's coaching programme attracting more coaches, a girls-only coaching and leadership programme, and four schools involved in sport-specific coaching support as part of the 'March into Winter' series.

These and other local activities were supplemented by Aktive's regional initiatives including HERA – Everyday Goddess and Good Sports, all of which delivered services with Sport Waitākere to communities and focused on getting more young people active.

Strong collaborative relationships are very important. We value the commitment and contribution of Sport Waitākere's Chair Jarrod Walton, CEO Lynette Adams, and the entire board and team of Sport Waitākere. Congratulations on another year of achievement; we look forward to building on this with Sport Waitākere towards a more active Auckland, community by community.

SARAH SANDLEY
CEO - Aktive

THANK YOU

VOLUNTEER BOARD OF TRUSTEES

Jarrold Walton
(Chairperson)

Katie Bruffy

Kristy Hill

Winston Timaloa

Wyndi Tagi

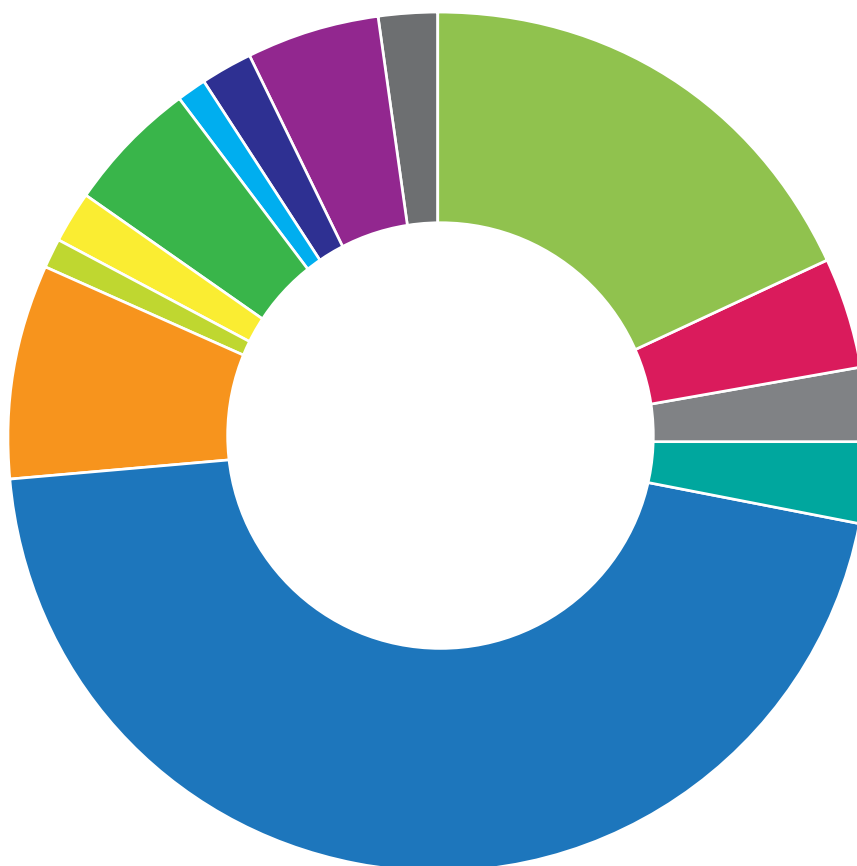
Nicola Mills
(previously Oberste-Berghaus)

David Frost
(resigned 13/02/2019)

THE SPORT WAITĀKERE TEAM



**THANK YOU TO OUR INVESTMENT, CONTRACT, FUNDING AND AWARDS PARTNERS
AND SUPPORTERS FOR HELPING US ACHIEVE OUR VISION OF A COMMUNITY WHERE
EVERYONE IS CONNECTED, HEALTHY AND ACTIVE.**



- | | | |
|---|--|--------------------|
| ■ Active - Sport NZ | ■ Auckland Council - Local Board and Project Funds | ■ Sponsorship |
| ■ Active - Foundation North | ■ Oranga Tamariki - BreakAway | ■ Programme Income |
| ■ Active - New Zealand Community Trust (NZCT) | ■ The Trusts Community Foundation (TTCF) | ■ Other Income |
| ■ Active - Auckland Council | ■ TTCF (100% to Water Fountains for Schools) | |
| ■ Ministry of Health (Healthy Families Waitākere) | ■ NZCT (100% to Gear-Up our Schools) | |

SPORT WAITĀKERE EXCELLENCE AWARDS SPONSORS AND SUPPORTERS

The Trusts
Cambrian Plastics
Chesters Plumbing and Bathroom
Douglas Charitable Foundation

Elixir Events
Eventfinda
Italian Stone
Marketing Works

Pacific Linen
Tap Water Wells
West City Holden
The IT Psychiatrist

For full details of Sport Waitākere's financial statements for the year 1 July 2018 to 30 June 2019 please visit www.sportwaitakere.nz



WWW.SPORTWAITAKERE.NZ