



# SPORT WAITAKERE

ANNUAL REPORT 2017

# About Sport Waitakere

Sport Waitakere engages with local communities and responds to their specific sport and recreation needs.

Sport Waitakere operates within the geographical boundaries of the Henderson-Massey, Waitakere Ranges and Whau Local Boards.

Sport Waitakere is a Regional Sports Trust and is governed by a Board of Trustees and managed by Chief Executive, Lynette Adams and a staff of over 40 full and part time employees.

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## Vision

Everyone connected, healthy and active

## Purpose

Lead. Enable. Strengthen. Making a difference  
in West Auckland through sport and recreation.

Kia arahi, kia whakamana, kia tutuki.

## Values

Leadership. Teamwork. Partners. Excellence

**We make a difference in  
West Auckland because**

we LEAD from the front

we group together as a TEAM

we embrace our PARTNERS

we strive for EXCELLENCE

# Chairperson's Report

I would like to start by saying how proud I am of the team at Sport Waitakere and the work that they have done over the last year in the West Auckland community. Guided by the CEO Lynette Adams and the management team, Sport Waitakere has shown leadership, energy and vision and provided direction to best serve the West. We have implemented the strategy that has been set, "to make a difference in West Auckland through sport and recreation". Thanks Lynette and the team.

We are all working with Aktive (the regional agency for sport and recreation across Auckland) to deliver the "Auckland Approach". At its essence, the Auckland Approach is to "think regionally and act locally". As a Regional Sports Trust, Sport Waitakere's role is to utilise its local knowledge and expertise to deliver, support and facilitate sport and recreation at a local level and to targeted communities. We do this by sharing expertise and learnings with other local delivery providers to help broaden and strengthen sport and recreation across the region. Within this approach, Sport Waitakere has been a strong and vocal advocate for the West, always putting the people who live and work in West Auckland at the forefront of our thinking.

We are now settled into the new premises on the grounds of Waitemata Rugby Football Club and this new location seems to have given even more energy to the team, and there

is a real sense of being closer to and part of the community.

I would also like to thank my fellow board members, all of whom are volunteers. I am privileged to be able to work with people who are willing to give their valuable time to help support Sport Waitakere, to deliver services to improve participation in sport and recreation, and improve the health and wellbeing of the West Auckland Community.

This year, a number of new board members have joined us. They are all hugely talented people and along with the existing board, have provided a new fresh and diverse perspective to the organisation. The board is continuing to develop strategic priorities as well as board policies and procedures to continue to strengthen governance. A particular focus has been the development of a new Maori responsiveness policy.

Recognition also needs to be given to Kerry Allan and the "Healthy Families Waitakere" team. Waitakere is one of ten communities across New Zealand involved in the Government's wider approach to helping New Zealanders live healthy, active lives. The Healthy Families Waitakere initiative is particularly interesting to me as it takes a "systems approach" to influencing the health and wellbeing of the wider community, as opposed to direct intervention measures. A significant amount of work has gone into "mapping" and understanding



the system to help determine levers and adjustments that can be made to weight the system more towards healthy choices. The rubber is now hitting the road and the Healthy Families Waitakere team are working alongside communities to bring local leaders, champions and key people together to think differently about the causes of poor health and coordinate action to make healthy choices easier.

Finally, I would like to show my appreciation to the organisations that have invested into Sport Waitakere and continue to show support, as without you we would not be able to do the amazing things we do.

I look forward to the future and am confident that the West Auckland community will continue to be well served by the staff, management, CEO and Board of Sport Waitakere.

A handwritten signature in black ink, appearing to read "Jarrod Walton".

**Jarrod Walton**  
**Chairperson Board of Trustees**

# Chief Executive's Report

## I am pleased to present my report as Chief Executive of Sport Waitakere for the 2016/2017 year.

Participating in sport and recreation builds stronger, happier and healthier communities. At Sport Waitakere we focus on making a difference in West Auckland through supporting communities to participate in a variety of opportunities. We are clear that in order to achieve this we must harness the potential leadership of our community and we commit to developing this leadership so communities in Waitakere are “connected, healthy and active”.

It has been an exciting and prosperous year and through adaptive leadership we are learning to embrace the change and uncertainty that our complex environment brings. We are looking for a balance of predictability and structure whilst operating in an increasingly dynamic and uncertain environment. This has taken some thought power and we are pleased to have developed a planning framework which allows the team to evolve and adapt while placing the participant and their local community at the centre of provision.

Aktive Auckland Sport and Recreation continues to take the pan Auckland view leading regional strategy, funding and advocacy. This enables us to build local leadership and capability, and provide influence and advocacy for the West. Together we have developed the “Auckland Approach to Community Sport” which represents a shift in how community sport is delivered across our complex environment. The Auckland Approach identifies “Communities of Activity” which are neighbourhoods and suburbs where we can involve communities in shaping delivery, and connect those programmes and facilities with potential participants. Importantly, the investment

and the thinking behind The Auckland Approach is underpinned by blueprints in five key strategic areas: advocacy; young people; coaching and talent development; sector development, and spaces and places.

We are very happy in our new premises on the grounds of Waitemata Rugby Football Club and it is proving to be very beneficial to our way of working. We are more accessible and connected to the community. It reminds us daily of why we exist, and the realities of working at the grassroots of community.

Young people continue to be at the heart of what we do. The key mechanisms through which we affect this are KiwiSport, Play.sport as well as a range of tailored programmes such as WhanauM8s, Funskills and Ngā Kaea mō Āpōpō. The core focus of these programmes is to ensure quality sport and physical activity opportunities are offered, with the aim of developing a lifelong engagement with sport in our young people.

We have invested heavily into benefiting our young people through projects, staffing, as well as funding channels. Within KiwiSport alone this year, 60 projects have been funded up to a value of \$257,388. From these projects we have created well in excess of 110,000 opportunities for involvement, and as a result leveraged a further \$288,325. This means that the total KiwiSport investment in the young people’s space in West Auckland is well over \$545,000.

The Play.sport project is a Sport NZ pilot and run exclusively in Waitakere for Auckland, and has gained real momentum. Year 1 was very much one



of exploration and insights gathering, and this year has seen concentrated implementation of initiatives such as after school programmes, curriculum development, community led opportunities and lunchtime leadership activation has been at the top of the list. Ngā Kaea mō Āpōpō (Leaders of Tomorrow) has been developed to reflect West Auckland’s rich cultural heritage, and now gives leadership development a context that is truly tangible. These leaders are key to the delivery of WhanauM8s, which is showcasing young leaders offering sporting opportunities to their peers whilst practicing their leadership skills, showing a truly sustainable kaupapa in a growing number of schools above and beyond KiwiSport. All of these opportunities continue to ensure Young West Aucklanders gain the confidence, competence and motivation to be involved in sport and recreation for life.

Healthy Families Waitakere has shifted gear and ramped up activation of leadership in our community over this last year. We are extremely privileged to work alongside amazing community leaders, organisations and stakeholders to lead sustainable change across a variety of settings including early childhood, schools and kura, workplaces, sport clubs, Pacific churches, marae and other community hubs. These collective approaches have led to many organisations prioritising healthy food and drink policies and guidelines, not only for their own

organisations but supporting those they work with and fund. Many schools in West Auckland are promoting and supporting water as the best choice through improved policies and practices, as well as drinking fountain infrastructure. We have seen locally designed and led initiatives that provide families with access and support to purchase and prepare healthy affordable meals as well as exciting garden based initiatives such as Hoani Waititi Marae around kai with 15 garden beds. Youth leadership driving innovative messaging around being smokefree, sports clubs improving their food and drink environments as well as moving towards being community hubs. Workplaces creating solutions to support staff wellbeing including planting fruit trees and creating time for physical activity.

He Oranga Poutama (HOP) continues to deliver a great quality programme by using sport and traditional physical activity to engage and develop Maori leadership and increase participation. Sport Waitakere manages this regional initiative employing He Oranga Poutama staff who work throughout Auckland. In October 2017, this programme will transition to Aktive. It has been our honour to be the kaitiaki of HOP and trust that the shift will enhance the programme through increased advocacy and influencing opportunities thus providing greater benefit for Maori communities.

We are always extremely grateful to the people and organisations that contribute to and support our organisation and the work that we do. The Ministry of Health, Aktive, Sport NZ, Auckland Council, and

the Ministry of Social Development provide a significant investment into Sport Waitakere and we thank them again for their support, leadership and partnership. Our relationship with Auckland Council goes from strength to strength and we thank our Councillors Ross Clow, Linda Cooper and Penny Hulse for their continued support. All of our Local Board Chairs changed over this period and we commend them for highlighting the value that sport and recreation has on the health and wellbeing of our community. We also thank the community supporters, funders, sponsors and gaming charities such as Foundation North, The Trusts Community Foundation, NZ Community Trust, The Trusts, The Warehouse and Unitec who continue to support both us and local sporting groups. We are forever advocating for equity of resource deployment in the West to strengthen our community and we thank you all for your support and for the value that is placed on us as a resource for our West Auckland community.

Finally, I wish to thank the Sport Waitakere board who volunteer their time providing strategic and judicious governance, guidance and support. This year the terms ended for our Chair, Morag Hutchinson and for Linda Vagana. I thank them both for their long standing commitment and strategic leadership. Chris Wilson resigned from the Board and I thank him also for his contribution. I would like to acknowledge the new Chair Jarrod Walton, for taking up the baton and for providing well considered and thoughtful leadership. We look forward to another successful year as we continue our work to strive for our vision of "everyone connected, healthy and active".



**Lynette Adams**  
Chief Executive

# Sport Waitakere Building Opening September 2016

The opening of the new building, located on the Waitemata Rugby Club grounds, is a landmark moment in Sport Waitakere's 25 year history. The guests, including the Rt Hon John Key, were welcomed onto the site with a traditional wero and pōwhiri by the Sport Waitakere staff.

The Trusts Community Foundation, Fulton Hogan, Castle Portable Buildings and many others have contributed funds, time, equipment, labour, expertise and support to see the project finished. The community support to source and provide a new home for Sport Waitakere was overwhelming and has enabled the team to strengthen our relationships in West Auckland.

"This building is a result of how an exceptional community can respond and it affirms our place here in West Auckland. We have had so much support to get here."

Lynette Adams, CEO Sport Waitakere

"In the grounds of one of the best rugby clubs, it's in the heart of the community where it needs to be... keeping our kids active well into adulthood and beyond"

Linda Cooper, President Waitakere Licensing Trusts.

This new whare is a link that weaves Sport Waitakere to the community, the past, the present and the future, contributing towards further enabling the West Auckland community to be connected, healthy and active.



# Young Westies

## A SNAPSHOT OF OUR ACHIEVEMENTS

### Growing Young Leaders - Ngā Kaea mō Āpōpō (NKMA)

Leadership programmes grow the capability of our children and young people and are critical to the work we do. This year our team re-developed the Growing Leaders programme to include local knowledge around ti puna (ancestors) of Te Wao Nui a Tiriwa (Waitakere Ranges). This enables our primary school students to be more connected to the history of our area.

NKMA is for all student leaders and is designed to help leaders provide a range of activities to their fellow students during extracurricular time. The kaea (leaders) are separated into play, physical activity, and sport groups and are then responsible for providing activities during lunch time.

NKMA develops the leadership skills of the students by providing training and resources. This builds their confidence, develops inter-personal skills and provides a safe environment for students to engage in. We also provided training for teachers to enable them to develop their own leadership programme within their school.



# moveit youth

## Move It Youth Holiday Programme

Move It Youth is in its sixth year of operation and has successfully delivered a range of physical activities, sport, and dance opportunities to more than 300 youth from the West Auckland region in the past year. The programmes target 11-17 year olds, but we cater for children and youth aged from 5-18 years old. Move It Youth provides opportunities for engagement in positive activities during the holidays for youth who would otherwise be disengaged. Local sport clubs, Regional Sport Organisations (RSO's) and community organisations support the programme and provide participants with links to pathway opportunities.

The original programme has continued at Henderson Intermediate, with over 100+ participants attending daily. In addition our Whau and Waitakere

Ranges community brokers have established pilot programmes in both New Lynn and Glen Eden. The New Lynn programme, supported by the New Lynn community centre modelled a sport and physical activity programme while the Glen Eden programme delivered by Freshmans was focussed on dance.

### HENDERSON MOVE IT YOUTH:

The programme is delivered 5 days per week for 10 weeks, providing more than 20 hours of physical activity, team building activities and sport each week. This year Sport Waitakere also wanted to provide youth with the opportunity to explore the natural surroundings of Auckland. Youth travelled to various beaches and natural environments throughout West Auckland and the wider Auckland region weekly, participating in

beach and water activities.

### WHAU MOVE IT YOUTH:

The Whau Programme has been running for 3 school holiday periods and has been delivered from the New Lynn Community Centre with the young people participating in a range of sports and activities. Additionally, participants spent a large amount of time at Olympic Park and other green spaces within the Whau Local Board region.

### WAITAKERE RANGES MOVE IT YOUTH:

The Waitakere Ranges programme was delivered for 2 weeks during the April holiday period for the first time in 3 years. The programme provided over 20 hours of hip hop dance per week and linked participants to dance pathways through Zeal and Freshmans dance crew.



OVER  
**100**  
LOCAL KIDS  
EVERY DAY



## Building Physical Literacy

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to choose to be active for life. Physical literacy is unique to every individual and occurs across all life stages.

Sport Waitakere's Funskills Team have been assisting West Auckland early childhood centres, schools and clubs to gain a better understanding of what physical literacy is and how they can promote quality learning experiences to help develop physical literacy in their environments.

Providing professional development opportunities to teachers is a key component of ensuring that teachers understand how they can deliver quality opportunities that support development. This runs alongside the Funskills programme in both early childhood centres and junior primary school classes and ensures that the model is sustainable for everyone involved.



**“It was very interesting and we learnt a lot about why play and sport activities are so important for the development and growth of the child”. - ECE teacher**



## Achieving @ Waitakere Secondary School Sport

2016-17 has been a year of system building within the 9 secondary schools that form the A@W group. Following on from last year's "Innovation in Sport Award" received from the NZ Secondary School Sports Association, the sports departments are tangibly helping one another to develop. An example of this is Green Bay High School Sports Director offering guidance and support to Massey High around wider strategic change. As a result, Massey were able to identify key areas for development and have since implemented these.

The 9 secondary schools meet regularly and we have been able to share learnings from Play.sport which only exists currently in 4 of these schools. The remaining schools are now likely to receive additional resource in this area.



## Professional Development for Teachers

Sport Waitakere is committed to providing West Auckland teachers with a number of opportunities for professional development to enhance the quality of children's experiences with sport and physical education. Sport Waitakere provided opportunities to develop student leadership through programmes like Growing Leaders as well as the introduction of a leadership day for students.

Last year Sport Waitakere fielded a number of questions around Te Reo and traditional Maori games opportunities. In response to these enquiries the Matariki Professional Development for Teachers Workshop was developed and delivered with the expert help of the He Oranga Poutama team.

In May, 20 teachers from 8 West Auckland schools attended the annual Matariki teacher professional development. This year the workshop evolved to include student leaders, who worked alongside their teachers, and enhanced the learning experience. The He Oranga Poutama team facilitated the day and demonstrated how important it is to connect with our mainstream schools.

**"I found the workshop very beneficial and couldn't wait to share ideas and activities with my students and peers".**

- Patsy from Oratia Community School



## Whau Cluster

The South-West Cluster consists of eleven primary and intermediate schools within the Whau area. All schools contribute in order to have a coordinated approach to a range of major sporting events and KiwiSport delivery. Sport Waitakere's role is to coordinate and manage these events, administer the KiwiSport funding and provide opportunities for the students through leadership and community opportunities.

Some of the events delivered include the annual South-West Cluster Athletics

Day, the Year 3/4 Football tournament, the South-West Cross Country and the South-West Winter Field Day. The events are also supported by local secondary schools, tertiary institutes and regional sports organisations to ensure the children have the opportunity to participate in a high quality event.

Every major event has over 250 students participating from eleven primary schools with a total of over 2,000 participants attending over the year. All events hosted by the Whau Cluster are now "pro water".



**11**  
PRIMARY  
SCHOOLS  
PARTICIPATING

OVER  
**250**  
PARTICIPANTS  
EVERY EVENT

OVER  
**2000**  
PARTICIPANTS  
EACH YEAR

EVENTS SUPPORTED  
BY LOCAL  
SECONDARY SCHOOL  
VOLUNTEERS,  
NATIONAL SPORT  
ORGANISATIONS  
AND REGIONAL  
SPORT  
ORGANISATIONS

# Play.sport

Play.sport is a pilot project being run across West Auckland in response to the Sport NZ School Sport Futures survey. This survey identified that schools need more support to deliver high quality Physical Education and Sport. West Auckland has been selected, alongside Upper Hutt, to roll out the three year pilot. The project has picked up serious pace over the past 12 months. Particular highlights in our clusters are outlined below.

In Te Atatu, activator Kaea Samson has led the redevelopment of the Sport Waitakere leadership programme and 'Westified' it into 'Ngā Kaea mō Āpōpō' (the Leaders Of Tomorrow). Not only has this taken the wider leadership kaupapa to a new level in terms of the content, there are now 8 schools across West Auckland delivering the programme.

In the Henderson cluster, activator Greg Gurau has developed community sport links with Hub West who are delivering after school Futsal and turbo touch sessions on their site for local schools such as Bruce McLaren Intermediate. The traditional after-school club at school is changing and our young people want to participate in sport in their local environments. This is a great example of listening to our young people, and delivering something they want, where they want and when they want it.

In the Lynfield cluster, activator Deepika Unka has started to gain some real traction with the rebranded 'WhanauM8s'. This programme is all about getting more kids leading their own activities with their peers. This has taken off at



Blockhouse Bay Intermediate and Glenavon School with over 100 kids playing turbo touch on Wednesdays and Thursdays.

The Play.sport 3 year pilot ceases at the end of 2018, so the real focus from here on in is the 'system build' and ensuring the activities, much like the examples given above, are both sustainable and relevant to the local communities.



# Coaching

## A SNAPSHOT OF OUR ACHIEVEMENTS

### Growing Coaches

Growing Coaches is a widely used programme around West Auckland secondary schools and is producing great opportunities for senior students to mentor and support junior students in the school. There have also been numerous leadership and values based coach approaches emerge from Growing Coaches, which have helped the programme become a sustainable resource that they will continue to use. The Growing Coaches programme has assisted schools in providing higher quality coaches for the growing number of participants in team sport. Growing Coaches provided new coaches and returning student coaches with a strong foundation on which to build their teams.

This year Sport Waitakere partnered with Unitec and Auckland Basketball to hold a Growing Coaches forum for West Auckland student coaches. With 32 coaches in attendance over 2 days, development received from the programme covered coach leadership, session planning, teaching games for understanding and basketball specific skills and drills.

**“I’ve actually found it really good because it’s given me a lot of pointers not only as a coach but as a person as well”** - Student Coach

### COACH SUPPORT INITIATIVE (CSI)

The Coach Support Initiative project came to an end during the year and achieved its main objective, to provide development and support for the Sports Coordinators in West Auckland Secondary Schools. Funded through KiwiSport, CSI was to help the sports coordinators with selection of coach recruitment,

coach induction process, coach development, recognition and evaluation. There have been some great successes in this programme with student coaches not only developing their coaching skills, but their leadership skills as well. Secondary schools have seen an increase in the numbers of

**172**  
COACHES DEVELOPED

**1774**  
PLAYERS IMPACTED

students wanting to participate in team sports, CSI has been integral in ensuring that these participants are able to participate in their chosen sport, and have a positive experience. Although the project has now successfully been completed Sport Waitakere will continue to support the schools.

### Community Coach Development

Sport Waitakere community coach development has seen great success with generic coaching workshops being provided for the West Auckland community. These workshops saw participants attend from a variety of sport codes such as Artistic Roller Skating, Hockey, Touch, Basketball, Netball, Lacrosse, Rugby, Rugby League, Mixed Marshal Arts and AFL. The generic coaching workshops covered insights into coaching pedagogy, session planning, team culture, coach leadership, side line behaviour and time management. The overall feedback was very positive with coaches attending more than one workshop and continuing to engage online. Sport Waitakere have provided support for the coaches who have been through the coach development workshops, to mentor the junior coaches in their clubs, with the content they have received. As a result, the coach development within the West Auckland community has had a foundation laid on which clubs can now start to see and build their own sustainability.

**265**  
COACHES DEVELOPED

**2992**  
PLAYERS IMPACTED

## Talent, Leadership, Character (TLC)

2017 is the second year of the Talent, Leadership, Character programme in West Auckland. At Rutherford College, student numbers in the programme have significantly increased. The success with the first group of 20 students in 2016 grew to 43 students in 2017.

Over half of the students who went through the programme in 2016 were named as finalists across the Secondary School award categories at The Trusts Sport Waitakere Excellence Awards 2016. The biggest acknowledgment of the programme saw a TLC student awarded the Unitec Youth Leadership in Sport Award 2016.

The 2017 Talent, Leadership, Character, programme at Rutherford College has students involved from two other leadership groups within the school. Students involved are the Sport leaders, Prefects, and Performing Arts/Cultural leaders. With the proven success of TLC in Rutherford College there are now another three West Auckland Secondary schools engaged in the programme.

**63**

COACHES DEVELOPED

**1200**

STUDENTS IMPACTED

**23**

COACHES DEVELOPED

**445**

PLAYERS IMPACTED

## COACH EVOLVE

Coach Evolve supports and develops community coaches who are looking to progress to the next level in their coaching pathway. Four workshops were presented throughout the year with international and national coach developers as guest speakers. Coaches who are part of Coach Evolve are provided with opportunities to engage with industry experts, with the programme tailored to the needs of the coaches and the areas they identify as needing support. These workshops are followed up by the community coach advisor with coaching forums and continual mentoring. Although there are 12 coaches attending coach evolve (2017), most coach multiple teams across a range of sports, so the impact across a number of codes and age groups is significant.

Coach Evolve has gained some great success with one of last year's coaches from NZ Womens Lacrosse improving her teams international ranking from 11 to 8. We have also had great success with one of the 2017 participants gaining 1st place at the North Island under 15 Netball tournament.

Total coaches developed

**523**

Total players impacted

**6381**

# Community Sport

## A SNAPSHOT OF OUR ACHIEVEMENTS

### Club Capability

The past 12 months has seen Sport Waitakere evolve the way it works with community clubs. Previously we focused on a set of targeted sports, however with a view to supporting a wider cohort, we spread our resource further in both focus and in level of support. With this change came

a broader range of issues we were asked to assist with. These included facility development advice, governance mentoring as well as support to club committees. We responded to this challenge and the case study below is testament to the success we had in this area.

"The team at Sport Waitakere have continued to work alongside us here at Glenora Eagles Softball Club proving to be a very valuable asset to us over the past 3 seasons. With the assistance of Sport Capability Advisor, Julie Bennett and the Sport Waitakere team we have been able to implement our Clubs Constitution and become an Incorporated Society which would not have been possible without the guidance and support from Sport Waitakere. With the change in processes, we have been able to grow our membership. We thank you all very much for your encouragement, guidance and support and we look forward to continue our working relationship in the upcoming season".

- Glenora Eagles Softball Club

Additionally, with the advent of some new and innovative club development tools such as the Sport NZ Club Compass and the Develop Your Legacy tool, we have been able to provide local support as well as regional and national best practice.

# Healthy Communities

## A SNAPSHOT OF OUR ACHIEVEMENTS

### Active Families



The Active Families programme was a continuation of the Active Lifestyles project implemented by Sport Waitakere in previous years.

The programme was delivered over a 12 month period with over 50% of programme referrals taking up the opportunity to participate in

the programme.

Families enrolled on the programme attended weekly activity sessions, which included a range of physical activity opportunities and nutrition sessions. Families were also encouraged to attend Sport Waitakere events, holiday programmes and to

join sports clubs with many finding additional opportunities to engage in physical activity and sport.

One particular participant was nominated and won an award at the Whau Youth Awards for Achievement in the face of adversity.

### MOVE IT YOUTH COMMUNITY LEADERS

The Move It team are a group of young people who have developed as leaders from the Move It Youth Holiday Programme. This group have come through the programme as participants and have taken on leadership roles that have provided employment. Throughout the project the 20

young people have been provided with professional development opportunities. The Move It Youth Community Leaders deliver their learnings during the school holiday periods at the Move it Youth holiday programmes in Henderson and New Lynn. The leaders are also supported

and mentored which has created additional employment opportunities such as providing activation stations at community events and activities particularly in the summer months. During the summer of 2016-2017 Youth Leaders provided activation at over 20 events in West Auckland.

## Active Seniors

### REST HOME ROUND ROBIN

Sport Waitakere continues to facilitate the Rest Home Round Robin competition. The competition engages 16 rest homes across West Auckland. There are 10 rounds and the host rest home decides what is played and provides light refreshments for the visiting rest homes. This programme continues to provide the opportunity for seniors to engage in physical activity while allowing them to socialise with others.

### REST HOME OLYMPICS

The Sport Waitakere Rest Home Olympics comprises of two fun filled days of modified games and activities for seniors. This year there were 14 rest homes and 65 participants from across West Auckland. Each rest home celebrates the Olympics by designing their own flag and dressing up for the occasion. Events on the day included indoor javelin, balloon volleyball and a modified team relay. Volunteers from Best Youth Academy helped make the day a success and many of the students have asked for additional opportunities to work with seniors in their local community.



### INTERNATIONAL DAY OF THE OLDER PERSON CELEBRATION

For the first time this event was held at Te Atatu Peninsula Community Centre with over 150 older adults attending from across West Auckland. The event was opened by the Kaumatua Waipareira group who along with Vakatautua shared waiata and karakia throughout the day. The event connects older people to relevant health and physical activity services through displays and demonstrations. Over 20 organisations supported the event with all committing to supporting the day in 2017.



## Park 2 Park Activation

Over the summer of 2016 – 2017, Sport Waitakere held a series of activations in 6 parks in the Glen Eden area. The purpose of these activations was to increase awareness and create opportunities to increase utilisation of the parks by the surrounding community. There were 26 activations over a three month period encouraging

sport and recreation; activities including Kangatraining, Turbo Touch, Volleyball and Zumba. Sport Waitakere worked with local providers giving the participants a local connection so that they can continue to be active. Over the 8 weeks there were over 250 participants, some of whom provided feedback on how to increase utilisation

of the green spaces as well as ideas for future activation events. Feedback was sent through to the Waitakere Ranges Local Board.



## Targeted Population Groups

Auckland is increasingly ethnically diverse and meeting the needs of these population groups presents an opportunity. Sport Waitakere has placed an emphasis on Samoan, Indian and Chinese communities in West Auckland. In the last year there were two sport and recreation forums held for Indian communities. The community provided insights and contributed to a number of sport and physical activity initiatives such as bowling and swimming. As a result of the discussions Bollyrobix sessions, specifically for women and their children, were developed. Bollyrobix is a form of Zumba merged with Bollywood dance, and Indian music.

Sport Waitakere has taken a targeted approach to working with the Chinese community in West Auckland. In partnership with Harbour Sport, an Active Asian coordinator was employed part-time, to look at generating programmes specifically for the Chinese community in West Auckland.

**FREE BOLLYROBIX CLASSES**

**SPORT WAITAKERE**  
Auckland Council



Come along to Bollyrobix with Ella Kumar

West Wave Recreation Centre  
New day – Sundays starting 9<sup>th</sup> April  
11.30 – 12.30pm

Bring the family!!  
Free activities including table tennis, badminton and basketball etc.

For further information contact Jeweltz on 021 1208 344

[www.sportwaitakere.nz](http://www.sportwaitakere.nz) Everyone connected, healthy and active

## FAMILY FUN CLUB (NEW LYNN)

Sport Waitakere partnered with Fitcomm & the New Lynn Community Centre to provide a free family-based physical activity and recreation programme. The Family Fun Club programme offers weekly Zumba and physical activity for children

and their families. The programme began in November 2016 and will continue through to the end of 2017. The sessions are attended by a wide range of ethnicities and age groups and has engaged a number of families within the local New Lynn/

Avondale area. The Family Fun Club programme gained momentum by providing a consistent quality experience in physical activity for the users. The weekly participants have grown to 30 per session.



## Neighbourhoods Move it

### HENDERSON MASSEY HIGHLIGHTS

#### MASSEY TURBO TOUCH

Sport Waitakere provided free turbo touch for Massey residents at 3 parks – Royal Reserve, Massey Domain and Don Buck School over an 8 week period. Throughout the competition there were 125 participants, 90% of whom were local residents.

#### RANUI TOUCHED

Ranui Touched was a free Turbo Touch competition held in Ranui. This project has a locally led approach to implementation where local residents are encouraged to coordinate, officiate and coach teams. Throughout the competition there were 280 participants, 72% who indicated that they were previously inactive.

Both of these competitions were run with support from Touch New Zealand.

## WAITAKERE RANGES HIGHLIGHTS

### WHANAU DAY OUT

An event highlighting 4 of the parks in the Waitakere Ranges Local Board which was part of the Park 2 Park activation series. The event required the participants to walk to every park and take part in activities facilitated by local groups.

Whanau Day Out started at Prospect Primary with a Zumba warm up and then families were sent on their way with a map and some water. At each park there were stations where participants had to answer questions and participate in activities. The course ended at Sunvue Reserve where there was entertainment from singers, dancers and cultural traditional dancing. Overall the day was a huge success with well over 300 people in attendance.

### CYCLE WEST KIDS CLUB

Sport Waitakere worked alongside the Glen Eden community house to provide 9 learn to ride sessions for under 5s. These sessions were provided to the Glen Eden Playgroup and included basic cycle skills and safety free of charge.



## WHAU HIGHLIGHTS

### SIRENS AND SOUNDS SAFETY FESTIVAL

Sport Waitakere worked closely with the Avondale Neighbourhood Police Team to provide activities at this signature Avondale event. An estimated 4500 – 5000 people attended the annual event. Sport Waitakere organised 13 volunteers from Auckland International School to assist in the delivery of activities which included 2KM Fun Run/Walk, Tug of War, Turbo Touch and Activation Zone.



### OUTDOOR ACTIVATION OF NEW LYNN TOWN CENTRE

To promote the Family Fun Club and increase participation there were two sessions of outdoor Zumba held at memorial square in New Lynn. Both events were delivered by Community Fitness Group Fitcomm with many people stopping to participate in. Each session attracted over 40 participants and over 200 spectators.



### DALESTATE 3 ON 3 BASKETBALL TOURNAMENT

The Whau Community Broker collaborated with providers from across the Whau to organise this one off tournament. This was the first public event held on the new Boroughs Basketball Court in Avondale. There were 14 youth teams registered for the event, with 8 local young people employed to referee and coordinate the event on the day.

# SPORT WAITAKERE EXCELLENCE AWARDS

## Fosters Signs Administrator of the Year

Deb Collis, Roller Sports

## Fulton Hogan Sport Volunteer of the Year

Paul Misslebrook, Special Olympics Waitakere

## Unitec Youth Leadership in Sport Award

Shanae Jansen, Rutherford College

## Harcourts Blue Fern Realty Secondary School team of the Year

Kelston Girls College, Waka Ama

## The Warehouse Secondary School Sportsperson of the Year

Grace Lui, Kelston Girls

## Avanti Plus Westgate Junior Sportswoman of the Year

Gabrielle Fa'amausili, Swimming

## West City Autogroup Junior Sportsman of the Year

Byron Chivers, MMA and Ju Jitsu

## Pacific Island Achievement Award

Gabrielle Fa'amausili, Swimming

## Maori Achievement Award

Byron Chivers, MMA and Ju Jitsu

## Pacific Linen Official of the Year

Jane Reason, Roller Sport

## Douglas Pharmaceuticals Coach of the Year

Tua Raroa, Western Magpies Softball Club

## Sentra Printing Club of the Year

Bethells Beach Surf Life Saving Patrol

## Create Video Team of the Year

Suburbs Premier Mens Rugby Team

## Eventfinda Sportswoman of the Year

Erin Nayler and Amber Hearn, Football

## Steinlager Sportsman of the Year

Mahe Drysdale, Rowing

## The Trusts Supreme Award Winner

Mahe Drysdale, Rowing



## The Trusts Sport Waitakere Excellence Awards

This year Sport Waitakere hosted the 19th Waitakere Excellence Awards, a fantastic celebration of sporting achievement in West Auckland. The naming rights sponsor was once again The Trusts, with a number of local supporters sponsoring categories. A wide range of sports, organisations, and schools were represented at the celebration awards night held at the Te Atatu Community Centre. Thanks to all our sponsors, Fosters Signs, Fulton Hogan, Unitec, Harcourts Blue Fern Realty, The Warehouse Lincoln Road, Avanti Plus Westgate, West City Autogroup, Douglas Pharmaceuticals, Sentra Printing, Create Video, Eventfinda and Steinlager, the night was a great success

The second legacy award winner was announced and honoured the late Sir Graeme Douglas and the award was presented to his son Jeff Douglas. A keen athlete himself, Sir Graeme worked alongside others in the community to ensure spaces and places were developed for sport and recreation in West Auckland, most notably the Douglas Track and Field.

The Supreme Sports Award winner this year was long standing member of the Westend Rowing Club, Mahe Drysdale. On top of his many achievements, Mahe secured his second Olympic gold medal this year.

Congratulations to all nominees, finalists and winners for their achievements.



## Volunteer Celebration Breakfast

The Sport Waitakere Volunteer Celebration was held in May, at the Swanson RSA to celebrate the contribution made by Sport volunteers in our local community. Over 50 volunteers from schools and clubs throughout the region were acknowledged for the time and work they put into sport and recreation in West Auckland.

The morning featured a very heartfelt address from Lauren Boyle, Commonwealth medalist winning swimmer, 2006 and 2007 SWEA Award winner. Lauren spoke about the contribution that volunteers had made to her career and how much their support meant to her on her Olympic and Commonwealth campaigns.

**“Great morning to catch up with other Volunteers”**

**“Nice to be appreciated for all of the work that we do throughout the season getting things prepared so others can play.”**

- Steve Hollands, Te Atatu Intermediate

## Tough It Out

Tough It Out was back in 2016 to bring the mud and fun to West Auckland. The 3km and 6km obstacle course includes all of the essential elements – mud, obstacles, physical activity, haybales and water. It's second year in operation saw an increase in the number of families taking part.

Tough It Out is the first of it's kind to be held in the heart of Green Bay.



**Over 100 school students from local schools participated in the event.**

# KiwiSport

KiwiSport is a national initiative that was launched in 2009 by Prime Minister, John Key. KiwiSport funding has specific objectives

- To increase the number of children aged 5-18 years participating in organised sport - during school, after school and by strengthening links with sports clubs.
- To increase the availability and accessibility of sport opportunities for all children aged 5-18 years to participate in organised sport.
- To support children in developing skills that will enable them to participate effectively in organised sport.

## KIWISPORT CLUSTERS

This year not only have we retained the existing clusters, we have also had new schools come on board, with the Green Bay Cluster expanding by 2 schools. This goes to show the incredible impact the activators are having and the demand they are creating for quality professional development and mentoring opportunities in the school sport space. We have 3 KiwiSport Clusters in West Auckland, namely Green Bay, Massey and Whau, which range from 5 schools to 11.

Each of the clusters is funded through a match funding process, where schools within the clusters contribute their KiwiSport direct fund, and we match this with some of the Primary School (non-contestable) funds we have. This produces enough funding to employ a coordinator which is based out of the lead school in the cluster, as well as a local budget to coordinate a set of new and exciting opportunities that are tailored to each local cluster community.

The core role of the Activator is to drive sporting opportunities in the non-curricular time, specifically the before school, after school and lunchtime space. In this time, the Activators coordinate a set of cluster tournaments, events, sport opportunities as well as wider opportunities for Westie kids to be active and engaged in physical activity.



## Green Bay KiwiSport Cluster (Activator/Primary School Fund)

The Green Bay cluster has seen unprecedented growth in the last year with 2 new schools coming into the mix. Such is the quality and demand, we have had to grow the workforce

so we now have 2 Activators, Hamish and Anton. One of the key challenges for the Activators has been the broad demographic they deal with and the diverse needs of the schools means

that no single day is the same. What an impact they are making to the 4000 kids they see day in, day out!



## Massey KiwiSport Cluster (Activator/Primary School Fund)

The Massey cluster exists in arguably our most ethnically diverse area, and also our most deprived. Such are the range of external challenges faced by a large proportion of the 2000 young people in this cluster on a day to day basis, it makes it understandably

difficult to prioritise sport, meaning the value of sport has to be sold in a very different way to truly engage them. Jessie, our Activator, has worked hard to begin to offer a range of activities that are culturally relevant, and also to link in Healthy Families Waitakere

to show that sport and recreation are part of a bigger focus on hauora (wellbeing), helping the whole child become healthy and active and in turn increase their attention and application in the classroom.



## Whau KiwiSport Cluster (Activator/Primary School Fund)

The Whau cluster is one of West Auckland's most enduring, having been in its current 11 school format for around 7 years. Deepika Unka, the Activator for this cluster, has coordinated everything from cluster sports days and opportunities for

the 4,400 kids to get active, right through to providing key professional development opportunities for teachers, students and parents. This ensures that even when the 'professionals' leave, skill sets stay in the cluster so sport can continue

to be delivered at a intra-school level. The 11 schools in the cluster have this year received 10 different sport opportunities from RSOs, NSOs and local clubs, as well as an ever expanding set of 11 cluster events outside of school.

## KIWISPORT CASE STUDY 1

### Te Whai Kaipara Aponga (KiwiSport FastFund)

This project centred on introducing the skills of Triathlon and Multisport into West Auckland full-immersion Kura. The 'Iron-Maori' movement has gained significant traction in New Zealand and is a great pathway for young Maori children to participate in the sport of Triathlon.

With the help of the local Black Sands Triathlon club, after school sessions were delivered around fundamental triathlon skills, such as riding a bike safely, swimming, and running, culminating in an event day at Cranwell Park. 78 children from the school attended and completed the event, with the older (16+) children taking part as marshals and event support.

**"What a fantastic programme and event, I never knew my baby had it in her! I am so pleased I got to see her do all that!"**

- A Proud Mum after seeing her daughter compete in one of the events



## KIWISPORT CASE STUDY 2

### KiwiHoops in Waitakere Schools (KiwiSport Local Community Fund)

The 'Kiwi Hoops in Schools' coaching programme was delivered into 5 primary schools across Waitakere who did not previously have basketball offered in their school at all. The coaches from Auckland Basketball Services Limited (ABSL) worked tirelessly with over 500-600 children per week delivering introductory basketball sessions across 4 key basketball stages. 'Bounce' in years 1-2, 'Mini' in years 3-4, 'Pro' in years 5-6 and 'All Star' for Years 7-8. The programme is based around teaching fundamental skills and movements using basketball as the context.

Additionally this project trained a number of parents to become coaches and linked them into the Junior Rangers Basketball club, which has since reported a surge in membership numbers which has resulted in an expansion of the local competition structure.

**"Our children loved the Junior Rangers sessions, they really enjoyed themselves. The coaches do such a great job, especially coach Lindsay!"**

- Flo, parent of a participant



## KIWISPORT CASE STUDY 3

### West Auckland Year 5/6 Ki o Rahi Tournament (KiwiSport Activators)

The first West Auckland Year 5/6 Ki o Rahi Tournament took place at the Waitemata Rugby Club, the home of Sport Waitakere. Five schools took part with 7 teams entering. He Oranga

Poutama and the Move It Youth leaders supported this day by providing the umpiring. This tournament was also "Pro Water" where flavoured water bars were provided for the students.

Teachers and students were provided a Matariki Teacher professional development day where they were able to learn games and activities including Ki o Rahi.

## Greater Auckland Aquatic Action Plan

The Greater Auckland Aquatic Action Plan (GAAAP) has seen a shift this year from providing swim lessons to providing Water Skills For Life lessons. The new framework aims to provide students the skills and knowledge that will keep them safe whilst in and around water. Year 3-6 students in 43 decile 1- 6 schools, received 8-10 lessons by qualified instructors based on the new framework.

In the past year 7180 students across West Auckland participated with over 18,070 lessons delivered. Since the GAAAP program commenced 5 years ago we have seen a huge increase in the confidence of these children in the water.

Feedback is indicating that students are more engaged with the new format

of the lessons with lifejacket and boat safety being particularly popular.

Water Skills for Life professional development workshops have been delivered to 103 teachers, swim coaches and Regional Sports Trust

staff to ensure they understand the new framework. Further aquatic opportunities such as Beach Education and the Wero White Water programs have also been offered to schools in West Auckland.



## SPORT WAITAKERE GRANT SUMMARY

### KIWISPORT DISTRIBUTION LIST

PROJECT NAME	DELIVERER	\$\$	FUND	
WRFC Rugby in Schools	Waitemata Rugby Football and Sports Club	\$24,800.00	Local Community Fund	
KiwiSport Adaptive Football Project - Waitakere	Northern Football Federation (NFF)	\$9,240.00	Local Community Fund	
KiwiSport Kumeu Junior Cricket: Awareness, Coaching & Development	Kumeu Cricket Club	\$3,150.00	Local Community Fund	
Waitakere Secondary School Lacrosse	Lacrosse NZ	\$4,619.00	Local Community Fund	Deferred to 2017-18
Green bay Schools Surf and Beach Education	Surfing NZ	\$19,000	Local Community Fund	Deferred to 2017-18
The YMCA Massey Boccia Project	YMCA - Massey Leisure Centre	\$3,540.00	FastFund	
Henderson North Primary Footsteps Dance Course	Footsteps	\$2,500.00	FastFund	
KiwiSport Waitemata Table Tennis	Waitemata Table Tennis	\$4,840.00	FastFund	
KiwiSport Ranui Touched - Empowering Communities	Touch New Zealand	\$4,552.80	FastFund	
Kwik Sticks	Waitakere Regional Hockey Turf Trust	\$4,686.20	FastFund	
2017 Whau KiwiSport Pod	Blockhouse Bay Primary / Sport Waitakere	\$50,932.04	Primary School Fund - Non-Contestable	
2017 Green Bay KiwiSport Pod	Green Bay High School / Sport Waitakere	\$42,823.23	Primary School Fund - Non-Contestable	
2017 Massey KiwiSport Pod	Massey High School / Sport Waitakere	\$22,034.49	Primary School Fund - Non-Contestable	



Healthy Families Waitakere is one of ten locations across Aotearoa creating a movement for good health. As the lead provider, Sport Waitakere employs a dedicated workforce of 12 staff to work with the community to make healthier choices easier where people live, learn, work and play.

The team work with communities to implement change within the systems that influence the health and wellbeing of individuals, families and communities. The Healthy Families Waitakere team bring local leaders, champions and organisations together to identify, design and implement changes to make healthier choices easier.

## SPORTS CLUBS MAKING POSITIVE CHANGES

Waitemata Rugby Football Club and Suburbs Rugby Club were the first rugby clubs in New Zealand to collaborate with NZRL to bring their community playgroup initiative to rugby clubs in 2016. This initiative is part of a movement for sports clubs to become family friendly hubs for community providing more than just sport. Te Atatu Roosters Rugby League Club has also introduced a NZRL playgroup and hosted a training for cooks of a variety of sports clubs on ways to cook healthier hot chips.

Waitemata Football Club hosted an evening for sports clubs to inform, educate and inspire sports clubs around meeting the requirements for The Sale and Supply of Alcohol Act 2012, The Smokefree Environments Act 1991 and The Food Act 2014. 60 members from a variety of sports clubs across West Auckland engaged in talks from a number of speakers including Shane Henderson - Chair of Henderson Massey Local Board, Auckland Council Licencing team, NZ Police, Auckland Regional Public Health and Community Action on Youth and Drugs (CAYAD).



## Industrial businesses are winners in workplace wellness

Nine West Auckland businesses took part in a six week challenge launched by Healthy Families Waitakere to acknowledge workplaces that encourage, support and promote healthy food, physical activity, alcohol reduction, and smokefree environments.

Manufacturer Regal Beloit from Avondale received recognition for starting a walking challenge and planting fruit trees on site. In addition to this, staff were motivated to increase their levels of activity by participating in a competition that has seen staff aiming to take 50,000 steps each week for 6 weeks.

Staff from Decrastrip, a sign and graphic business were also motivated to increase their levels of activity by participating in physical training sessions that take place in the carpark after work. The staff also chose new designs for feature walls throughout the office. Palm trees and inspirational quotes were printed in house and put up by staff. "Staff feel valued knowing that some investment is going into them and that we are trying to create a better working environment," says Managing Director Brodie Caldwell.

Both Regal Beloit and Decrastrip received an acknowledgement award at a West Auckland Business Association Business After 5 Event hosted by Sport Waitakere and Healthy Families Waitakere.

## Water is the best choice in schools

Kelston Boys High School collaborated with Healthy Families Waitakere to create a different tactic to discourage sugary drinks at school that incorporated their school values and their community spirit, to get more students drinking water. Students led activities to support a fundraising effort so that their school could install a new water fountain and provide water bottles to all Year 9 students. Students volunteered to cut down gorse and walked a 3km route around Kelston.

Kelston Boys High School branded the fountain and water bottles to represent their community with the slogan 100% Kelston 100% Tap Water. Two Kelston Boys High School old boys donated their time and skills to install the water fountain in the main courtyard of the school. In the lead up to the fountain reveal, the school reviewed their food and beverage policy to include education to students, the sale of beverages to meet the District Health Board guidelines and to actively discourage sugary drinks at school.

Waitakere College Students in the Pacific Health Academy, carried out a survey to assess their current school environment around food and beverages. The students looked at the number of water fountain and the degree to which they are used and gained student perspectives on drinking water at school. This information was used to support a proposal to the schools senior management team to purchase a new water fountain.

Massey High School saw the 'Walk for Water' fundraiser at Kelston Boys High School and approached Healthy Families Waitakere for support to change the school environment to encourage more students to drink water as the best choice. Healthy Families Waitakere have also secured funding from The Trusts Community Foundation (TTCF) to provide funding for water fountains in schools. This is the first time TTCF have funded an initiative like this.



## Change happening in Māori communities

For the first time, Massey Library and Leisure Centre celebrated Te Ao Māori/The Māori World through a Massey Māori Market supported by Te Wananga o Aotearoa and YMCA. The day consisted of traditional Māori games and Māori Aerobics.

Healthy Families Waitakere Kaiwhakahau worked collaboratively with the library staff to train them to develop skills in facilitating traditional Māori games and Māori Aerobics.

Te Kura kaupapa Māori o Hoani Waititi Marae were involved in the design of the vegetable garden beds installed as part of My Backyard Garden Project (MBGP). Healthy Families Waitakere connected the Marae and school with the MBGP team after learning about their new focus on sustainable living.

Healthy Families Waitakere have continued to work with the kura, connecting them with initiatives such as Fonterra's Milk in Schools and Kids Can to give students and their whānau access to healthier food options.



## Communities driving change to increase access to healthy affordable food

After gathering insights from the community around food choices, Healthy Families Waitakere discovered that the West Auckland community wanted to have more access to affordable healthy food. The team brought people together to create a number of healthy, affordable and easy recipes. This same group of people also designed the logo and branding for an initiative called Local Choice – 5 dinner meals for a family of 6 for under \$50.

Healthy Families Waitakere worked collaboratively with local Fresh Choice supermarkets in Ranui and Glen Eden to roll out Local Choice. The layout of the store has been changed to promote the healthier food. Love Food Hate Waste supported by Auckland Council were also a partner in this initiative to encourage families to reduce waste while cooking the recipes. Each week, approximately 15 families have been trying Local Choice recipes since it launched in May with customer numbers increasing.

West Auckland families have also been given an opportunity to receive their own backyard vegetable garden and take part in a two day workshop on how to grow their own food and composting.



MBGP aims to increase the number of gardens in family's backyards to encourage growing and cooking more vegetables. Gardens were also installed in primary schools, various community group houses and at Hoani Waititi Marae.

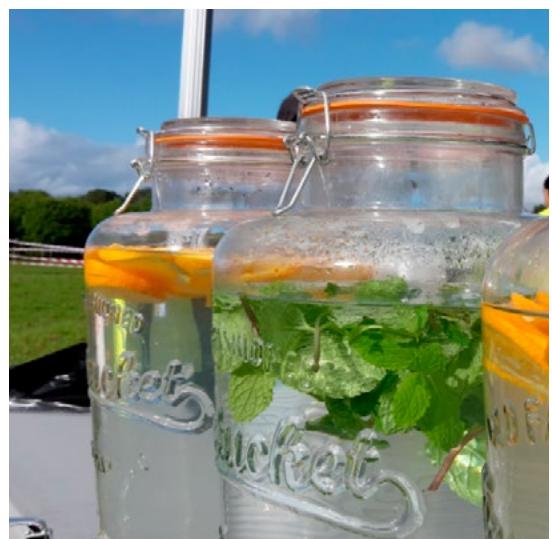
In the lead up to the workshop, some

of the Healthy Families Waitakere team along with local community garden coordinators and volunteers built and installed the gardens, and delivered compost bins to each of the 140 locations receiving a garden. Compost bins, wood and soil for the gardens were donated and recycled to ensure there was no cost to families.

## Local Boards taking the lead in healthier events

After presenting to local board members on ways to create healthier places and spaces for our community, Waitakere Ranges Local Board have taken the lead role in advocating for healthier events in the community. Event organisers are now encouraged to provide healthy food options.

Healthy Families Waitakere are collaborating with Auckland Council events team, Auckland Regional Public Health Service, and Healthy Families Manukau Manurewa Papakura, to create healthier food and beverage guidelines for Auckland wide community events. The guidelines are in line with the Ministry of Health's National Healthy Food and Drink Policy guidelines for District Health Boards. The guidelines include practical ideas and tips for food vendors to provide food that is healthier and affordable.



## Funskills and Healthy Families Waitakere Collaboration Case Study

### WEAVING PHYSICAL ACTIVITY AND HEALTH TOGETHER FOR UNDER 5'S

#### NOR WESTERN COOK ISLANDS EARLY CHILDHOOD CENTRE

##### RANUI

For the first time since Nor Western Cook Islands Early Childhood Centre in Ranui opened, children are learning new ways to be active and revitalising their culture at the same time.

West Auckland's only Cook Islands centre has been making connections with the Cook Islands language and culture through movement and food. Each day at the centre children use stilts made out of string and coconut shells (tamaka kapu akari) and do an activity that resembles the grating of a coconut while other children and teachers sing a Pe'e kana' akari' chant.

Healthy Families Waitakere team members connected Sport Waitakere Funskills ECE Coordinator Nikki Andrews with the centre to provide support to build children's motivation,

confidence, physical competence, knowledge and understanding of physical activity so that they to choose to be active for life. The centre then took what they learnt, and adapted the basics of active play to incorporate their Cook Islands culture.

Through their work with the Funskills programme, an initiative funded by New Zealand Community Trust, staff now see the importance of active play being essential to the health and future wellbeing of children in their centre.

The centres Acting Supervisor Manava Paroti says "The teachers have deepened their learning and understanding of physical literacy and we have changed the way we think about active play. Our pedagogy of teaching and care has shifted".

Their activities also align with the new Active Play Guidelines for Under Fives as they enable children to develop skills that will give them the confidence and competence to be

physically active for life.

"Since the programme began, the children have got more confident with their balance outside and are also listening better", says Manava.

"It's great that they (the centre staff) have been inspired to add a Cook Islands flavour to the Funskills programme and that they have been confident to share this with other centres", says Funskills ECE Coordinator Nikki Andrews.

The Healthy Families Waitakere team have been supporting the Nor Western Cook Islands Early Childhood Centre in Ranui to adapt their nutrition guidelines and create more awareness around healthy foods in the centre and at home. Both the centre and the families started incorporating small changes into their environments and have created new norms. This alongside the physical literacy support from the Funskills programme has seen a lift in the overall wellbeing of the children, their teachers and their whanau.



# HE ORANGA POUTAMA

## He Oranga Poutama ki Tāmaki



He Oranga Poutama ki Tāmaki (HOP) currently lead 22 projects throughout Auckland with many other projects being supported by the HOP team. Those projects are aligned with its 3 strategic outcomes and includes a number of new projects.

Initial data shows 15,267 people participated in the HOP ki Tāmaki programme in 2016/2017 compared to 15,829 in 2015/2016.

New opportunities have arisen over the past 6 months, particularly with Māori Participation Review recommendations being accepted by the Sport NZ Board and the possibility of further opportunities with the transition of HOP from Sport Waitakere to Aktive later in 2017.



## Strategic Outcomes

### KAIWHAKAHAERE PARTICIPATING AS LEADERS IN THEIR COMMUNITY

HOP is assisting in the development of Māori leaders for sport and recreation in a number of different ways within the He Oranga Poutama programme including providing professional development opportunities to the community, Manukura Apuarangi (Māori Youth Leadership), Wānanga Takiura (Teaching the teachers), Mauri tā and Mauri Toa (developing leadership through mau rākau). It also allows our own He Oranga Poutama staff to learn and use their leadership skills within the role. This includes the development and implementation of the Māori Sport and Recreation Plan for Tāmaki (Te Whai Oranga), the co-development (with Aktive) of an “Aktive Group Māori Plan”, and representation on a number of community based advocacy and governance groups.

### INCREASING OPPORTUNITIES FOR WHANAU TO PARTICIPATE IN SPORT AND PHYSICAL RECREATION

HOP is committed to deliver quality kaupapa Māori sport and recreation experiences to more people across Tāmaki, Māori and non-Māori alike. Despite the loss of 2 senior staff in January 2017 HOP were still able to maintain good participant numbers which is a positive reflection of the systems, processes and relationships we have here in Tāmaki.

### DEVELOPMENT / REVITALISATION OF SPORT AND TRADITIONAL PHYSICAL RECREATION

He Oranga Poutama have been fortunate to be a leader in the revitalisation of traditional physical recreation in Tāmaki and Aotearoa. In 2016/2017 23% of people participated in traditional physical recreation as its main focus, however 78% used traditional physical recreation to achieve either of the 3 outcomes.



## Project Delivery

15,627 people participated in the He Oranga Poutama ki Tāmaki programme in 2016-2017, a slight decrease of 202 participants compared to 2015/2016 data. The decrease is largely attributed to the resignation of 2 senior HOP staff in January 2017.

### Of the 15,627 participants:

- 66% respondents were of Māori ethnicity, 34% were non-Māori
- 475 participants were 0-4 years old, 4277 5-12 years, 2146 13-15 years, 2031 16-19 years, 2031 20-39 years, 757 40-59 years and 41 were 60 years or more with 3869 non-respondents

### Currently He Oranga Poutama ki Tāmaki have 22 projects including the following:

- **National Secondary School Ki o Rahi championships.** Co-hosted the event with Te Kura Māori o Ngā Tapuwae. Approximately 1200 participants from around Aotearoa attended the 3-day sports tournament at Bruce Pulman Park, Takanini.
- **Iwi of Origin.** Using sport and recreation as a vehicle to celebrate urban Māori identity, pride and whanaungatanga. 2016 saw our largest event in its 10 year history with participant number more than doubling from 1100 in 2015 to 2400 last year.
- **Mauri Toa.** HOP worked with Te Whare Tu Taua (School of traditional Māori weaponry) to organise the delivery of 4 x 2-day mau rakau grading wānanga for kura and mainstream students throughout Tāmaki.
- **Marae 2 Marae.** Using sport and recreation as a vehicle to bring urban Marae together to celebrate their uniqueness and discuss issues of significance to them. 2 events were held in 2016/2017, one in Mangere with 5 Marae in attendance, and the other in the Kaipara (Helensville) with 5 Marae in attendance.
- **Te Wānanga Takiura.** Continuing to work alongside Te Wānanga Takiura (Teachers training college for Kura Kaupapa) students to teach traditional sports and games.
- **He Pī Ka Rere in mainstream early childhood.** Continuation and growth of this very popular programme based in Kōhangā Reo and mainstream ECEs.
- **Mauri Tu.** At least 550 students from Kura Kaupapa Māori and mainstream primary schools throughout Tāmaki participated in the programme in 2016/2017 which uses mau rākau (Māori weaponry) as a vehicle to provide physical activity from a Māori world view. Year 1 focussed on West and Central Auckland. Currently in 2nd year of programme which is focussed in South Auckland.
- **He Manukura Āpuarangi.** Māori Youth Leadership programme which is based on 3 kaupapa; Whetu (stars), Whenua (land) and Wai (water). 45 year 9 -13 students were chosen from selected wharekura and mainstream secondary schools throughout Tāmaki Makaurau to participate in the programme. The programme was co-facilitated with "Māori 4 Grown Ups Ltd" led by Stacey and Scottie Morrison.
- **He Kaipara Aponga.** Planning and delivery of multi-sport within kura kaupapa Māori. Trained students and teachers at Hoani Waititi and Te Kotuku Kura over 2 months which ended in a 1-day event.
- **0.5 FTE Māori Sport club co-ordinator.** The role is based on a SWOT analysis of Auckland based sports clubs and groups carried out in mid-2014. End of project report to be completed by January 2018.

## Mihi

As mentioned above, HOP will be transitioning from Sport Waitakere to Aktive on the 2nd October 2017. HOP would like to acknowledge the enormous contribution Sport Waitakere have made as kaitiaki of the HOP programme across Tāmaki since 2009. He mihi mutunga kore tēnei ki a koutou katoa.



In the year ended June 2017, Aktive and Sport Waitakere worked closely with Sport New Zealand, Auckland Council and other Regional Sports Trusts to co-create a locally-led strategy called The Auckland Approach to Community Sport. Community development has long been at the heart of Sport Waitakere's approach, and CEO Lynette Adams and her team played a strong leadership role as we worked over many months to develop this strategy. At its heart was the identification and prioritisation by Sport Waitakere of local "Communities of Activity", along with detailed plans, intended to increase activity levels in each priority neighbourhood by working closely with the community to develop solutions, and train leaders to then sustain the work. As Lynette and her team now move to deliver this work with and through the community, they will be capitalising on their local connections, skill at community development approaches and of course their long-standing community relationships.

In support of this, Aktive's role is to manage up-stream relationships so as to protect and increase resources in to Sport Waitakere. In the year ended June 2017, total investment of \$1,189 million dollars was made, which is up more than \$100,000 year on year.

This was supplemented by Aktive's regional programmes including HERA – Everyday Goddess, Good Sports, Pathway to Podium and the Greater Auckland Aquatic Action Plan, all of which delivered services to Waitakere's emerging athletes and young children. Additionally, Sport Waitakere and Waitakere community groups have been the beneficiaries of Aktive's Targeted Populations Innovation and Development fund.

Aktive has very much appreciated and enjoyed Sport Waitakere's collaboration during the year. We have now signed on with each other for a 3-year period until June 2020, so we look forward to many further years of continued partnership, working together towards our vision of Auckland being the world's most active city.

Congratulations to Chair Jarrod Walton and CEO Lynette Adams for their achievements in 2016/17.

**Sarah Sandley**  
CEO  
Aktive

# Board of Trustees and Staff

## Sport Waitakere Board

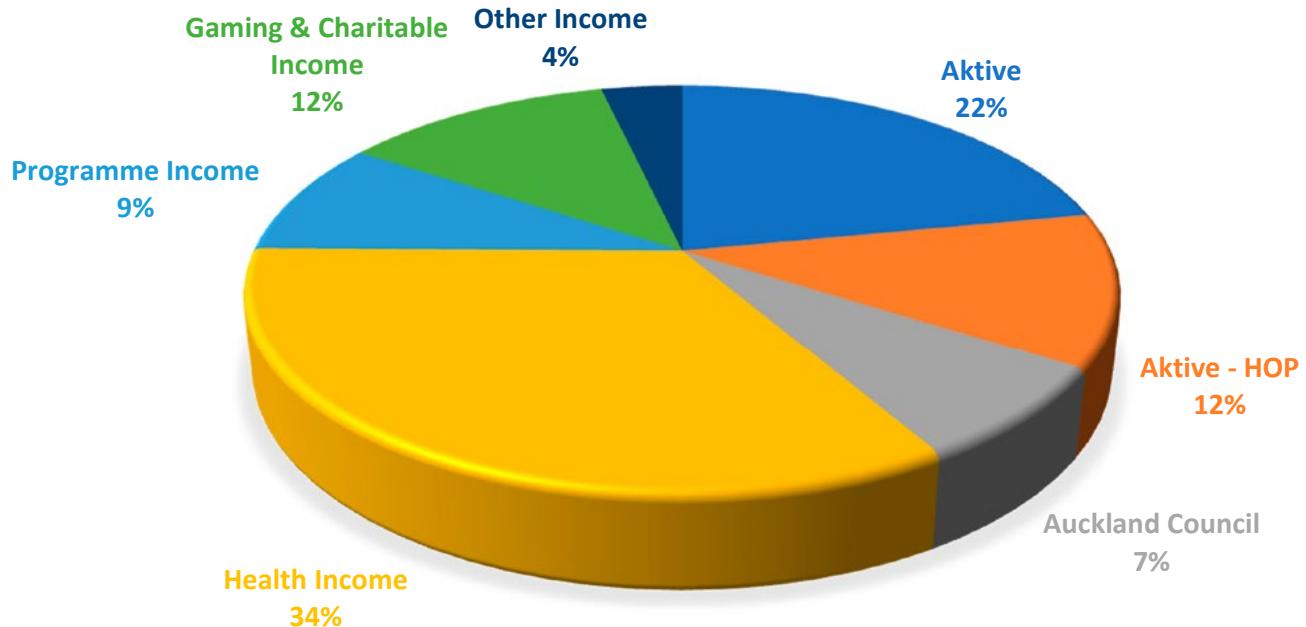
<b>Chair 2016</b>	Morag Hutchinson
<b>Chair 2017</b>	Jarrod Walton
<b>Board Members</b>	Mike Hirst Jane Finlayson Katie Bruffy Kristy Hill Megan Tunks Reuben Woods Winston Timaloa
<b>Resignations</b>	Chris Wilson
<b>End of Service Term</b>	Morag Hutchinson Linda Vagana

## Sport Waitakere Staff

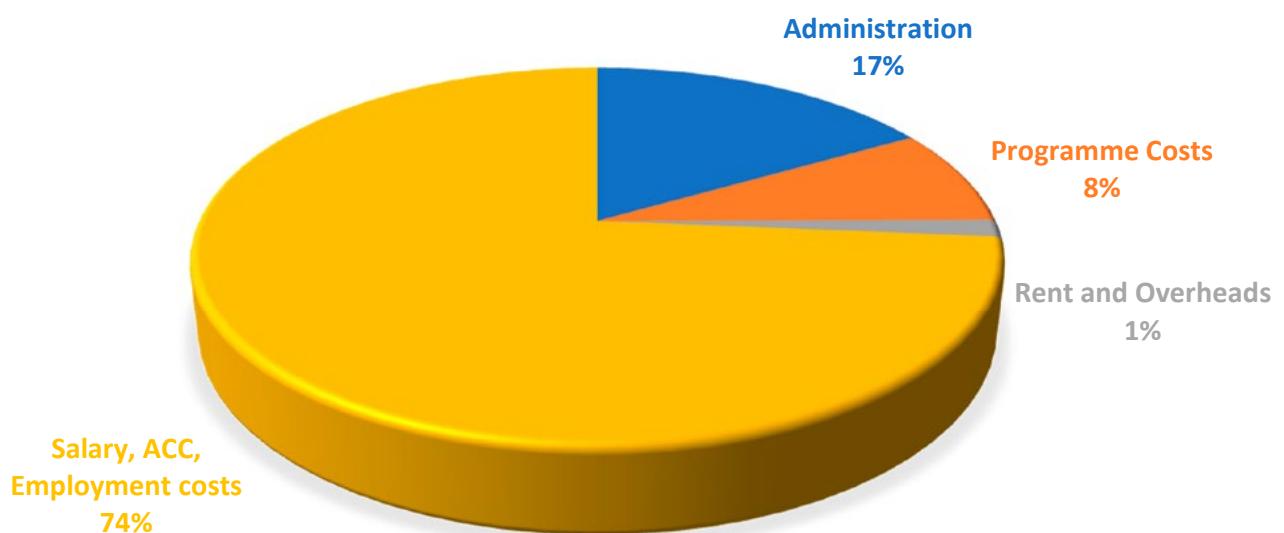
<b>CEO</b>	Lynette Adams
<b>Operations/Finance/Admin</b>	Kate Rooney Diego Orejuela Rebecca Andrell
<b>Events &amp; Marketing</b>	Narissa Fale Helen Ng
<b>Community Sport</b>	David George Ashley Ball Dan Keepa Deepika Unka Julie Bennett Michael Mau'u Nikki Andrews Pauline Butt
<b>Healthy Communities</b>	Jewelz Petley Antonia Vai Charmaine Baker Ilai Manu Venus Rangi
<b>Healthy Families</b>	Kerry Allan Caitlin MacColl Cherie Brown Debbie Raroa Diana Nuru Jayshree Ramesh-Sukha Jasmine Graham Michele Eickstaedt Regina Wypych Sophia Bloomfield Tony Lafatanoa Tu Nuualiiitia Vikki Ham
<b>He Oranga Poutama</b>	Wiremu Mato Elizabeth Motu Karla Matua Kerrie Blackmore Linden Morris Ngawai Rewha Takoha Ropati
<b>Play.sport</b>	Greg Gurau Kaea Samson

# Financial Graphs

## INCOME FOR THE 12 MONTHS TO 30 JUNE 2017



## EXPENSES FOR THE 12 MONTHS TO 30 JUNE 2017



Full financial statements can be found on the Sport Waitakere website: [sportwaitakere.nz](http://sportwaitakere.nz)

# Thank You

## INVESTMENT PARTNERS



## CONTRACT PARTNERS



TE WĀNANGA TAKIURA O NGĀ KURA  
KAUPAPA MĀORI O AOTEAROA



## FUNDING PARTNERS



## SPORT WAITAKERE EXCELLENCE AWARDS SPONSORS AND SUPPORTERS

Fosters Signs • Fulton Hogan • Unitec • Harcourts Blue Fern Realty  
The Warehouse Lincoln Road • Avanti Plus Westgate • West City Autogroup • Douglas Pharmaceuticals  
Sentra Printing • Create Video • Eventfinda • Steinlager



The background of the page features a graphic of the Waitakere Ranges. It consists of several green, curved bands of varying shades that radiate from the bottom left towards the top right, creating a sunburst or fan-like effect. The bands are composed of fine, parallel lines.

[www.sportwaitakere.nz](http://www.sportwaitakere.nz)